

Little Mockin' Bird Cha

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner Cha Cha
編舞者: Winnie Yu (CAN) - April 2010
音樂: Mockin' Bird (Cha Cha / 30 BPM) - Ross Mitchell, His Band and Singers



Intro: 16 counts

Sec. 1: ROCK RECOVER, SHUFFLE BACK, BACK ROCK, RECOVER, SHUFFLE FORWARD

1-2 Forward rock on left, recover onto right
3&4 Left shuffle back – L, R, L
5-6 Back rock on right, recover onto left
7&8 Step forward on right, step left next to right, step forward on right

Sec. 2: FWD, PIVOT ¼ R, CROSS SHUFFLE, SIDE ROCK, BEHIND, SIDE, FORWARD

1-2 Step forward on left, make a ¼ pivot turn right (3:00)
3&4 Step left cross over right, step right to right side, step left cross over right
5-6 Step right to right side, recover onto left
7&8 Step right cross behind left, step left to left side, step forward on right

Sec. 3: FWD, PIVOT ½ R, SHUFFLE FORWARD, (repeat, mirror image to R)

1-2 Step forward on left, make a ½ pivot turn right (9:00)
3&4 Step forward on left, step right next to left, step forward on left
5-6 Step forward on right, make a ½ pivot turn left (3:00)
7&8 Step forward on right, step left next to right, step forward on right

Sec. 4: TRIPLE STOMPS IN PLACE, (TOUCH, STEP) X 3

1&2 Stomp left together, stomp right in place, stomp left in place
3-4 Touch R forward to the R diagonal as you swing your hips to left side, step right slightly back
5-6 Touch L forward to the L diagonal as you swing your hips to right side, step left slightly back
7-8 Touch R forward to the R diagonal as you swing your hips to left side, step right slightly back

Ending (Wall 8): Section 4 count 6-7 change to 6&7 triple stomps in place – L, R, L facing 12:00

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