

Care for Music

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 2
編舞者: Sam Cropper - March 2010
音樂: Hallelujah - Alexandra Burke

級數: High Intermediate



Intro: 8 counts

(1-9) R to right, cross L behind, unwind 3/4, step, rock, back, 1/2, spiral, step, spiral, 2xstep, 1/4, cross shuffle

1-2&a Step R to right side, cross L behind R, unwind 3/4 turn left, make small step fw on R
3-4&a Rock fw on L, recover on R, step back on L, make 1/2 turn right stepping fw on R
5&6 Step fw on L making one full spiral turn right, step fw on R, step fw on L making one full spiral turn right
&7&8&1 Step fw R, step fw L, make 1/4 turn right (weight on R), cross L over R, step R to right side, cross L over R (12:00)

(10-17) 1/4, step back, 1/4, cross, unwind 1/2, re-unwind 3/4 sweep, behind, side, cross rock, side, cross

& Make 1/4 turn left on ball of L
2&3 Step back on R, make 1/4 turn left step L to left side, cross R over L
4-5 Unwind 1/2 turn L, re-unwind 3/4 turn R sweeping R foot around
6&7 Cross R behind L, step L to left side, cross rock R over L
8&1 Recover on L, step R to right side, cross L over R (9:00)

(18-24) 1/4, 1/2, step, 1/4, cross, 1/4, 1/4, 1/4 sweep, jazzbox, hitch 1/2, cross

&2&3 Make 1/4 turn L stepping back on R, make 1/2 turn L stepping fw L, step fw on R, make 1/4 turn L (weight on L)
&4& Cross R over L, make 1/4 turn R stepping back on L, make 1/4 turn R stepping fw on R
5 Make 1/4 turn right on ball of R sweeping L around
6&7 Cross L over R, step back on R, step L to left side
&8& Step fw on R, hitch L turning 1/2 turn R, cross L over R (facing 1:30)

(25-32) Kick, cross, back, cross, kick, cross, unwind 1/2, 3xsailor 1/4 turns, behind, 1/4, lift

1-2&3 Kick R fw, cross R over L, step back on L, cross R over L (still facing 1:30)
&4& Kick L fw at left diagonal (facing 10:30), cross L over R, unwind a little more than 1/2 turn right (weight on R)
5&a Cross L behind R, make 1/4 turn right stepping R to right side, step L to left side
6&a Cross R behind L, make 1/4 turn right stepping L to left side, step R to right side
7&a Cross L behind R, make 1/4 turn right stepping R to right side, step L to left side
8&a Cross R behind L, make 1/4 turn right stepping L to left side, lift R slightly (6:00)

Option Counts 29-32: Dance all the steps facing 6 o'clock

Restart Happens on wall 2 after count 24& facing 6 o'clock

The music slows down at the end of wall 4 – just go with it. The speed is back to normal when the dance starts again.

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