

Summer Beat

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Upper Beginner
編舞者: Wanda Heldt (AUS) - March 2010
音樂: Mexico - Tobias Rene : (8 ct. TAG end of 4th Wall)



Alt. Music:

I Can Hear Your Heartbeat by Chris Rea [for my Aunty Fee]
There Goes My Heart by The Mavericks

My beginners love Robbie Hickie's "Mexicali " Great dance... But no can do...
also can split with - Playing With Fire / Time To Swing / My Veronica choose which ever music you wish!
so long as the beginners can be on the floor, having a great time in class or a social.....

RIGHT ROCK FORWARD, RECOVER 1/2 TURN RIGHT, RIGTH STEP FORWARD, HOLD, STEP FORWARD LEFT, PIVOT 1/2 RIGHT, LEFT STEP FORWARD, HOLD

1-2 Rock forward on Right, Recover on Left 1/2 Turn Right.
3-4 Step Right forward, Hold. [Wt. on Right]
5-6 Step Left forward, Pivot 1/2 Turn Right.
7-8 Step Left forward, Hold. [Wt. on Left] ***

(1-8) Easy option..Right Rock forward, Recover on Left, Step Right next to Left, Hold, Repeat last 4 cts. with Left.

RIGHT SIDE TOGETHER, BACK ,HOLD, LEFT SIDE TOGETHER, ¼ TURN LEFT FORWARD, HOLD

1-2 Step Right to Right Side, Step Left next to Right.
3-4 Step back on Right, Hold. [Wt. on Right]
5-6 Step Left to Left Side, Step Right next to Left.
7-8 ¼ turn Left step forward on Left, Hold. [Wt. on Left]

RIGHT HEEL TOUCH, HITCH, ¼ TURN RIGHT, STEP, LEFT HEEL TOUCH, HITCH, ¼ TURN LEFT, STEP

1-4 Touch Right heel across Left, Hitch, 1/4 turn Right on ball of Left, Step down on Right. [3]
5-8 Touch Left heel across Right, Hitch, 1/4 turn Left on ball of Right, Step down on Left. [12]

RIGHT VINE , TOUCH, ¼ TURN LEFT VINE, SCUFF

1-2 Step Right to Right side, Step Left behind Right.
3-4 Step on Right [Wt. on Right], Touch Left beside Right.
5-6 Step Left to Side, Step Right behind Left.
7-8 ¼ turn Left step forward on Left [Wt. on Left], Brush Right foot forward.

Restart..... Have Fun In Life & In Dance

TAG..... with MEXICO" by Tobias Rene.. **

End of the [4th Wall] add the 8 count TAG.. Restart from beginning

FORWARD RIGHT MAMBO, SWAY HIP L & R. HOLD, FORWARD LEFT MAMBO, SWAY HIPS R & L. HOLD.

1&2 Forward on right foot, Recover on Left, Step Right next to Left.
3&4 Sway Left hip as you step Left to Left side, Sway Right hip as you Recover on Right, Hold.
5&6 Forward on Left, Recover on Right, Step Left next to Right.
7&8 Sway Right Hip as you step Right to Right side, Sway Left hip as you Recover on Left, Hold.

OR for more of a challenge ... USE the same Tag as "Mexicali" JUST HAVE FUN GUY'S!!!!

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