

Act Naturally

COPPER KNOB
STEPPERS

拍數: 64 牆數: 2 級數: Easy Intermediate
編舞者: Jan Wyllie (AUS) - March 2010
音樂: Act Naturally - Ringo Starr & Buck Owens



16 count intro.

Side Rock Replace, Together Hold, Side Rock Replace, Together Hold

1,2,3,4 Rock/step R to right, Rock/replace wt sideways onto L, Step R beside L, Hold
5,6,7,8 Rock/step L to left, Rock/replace wt sideways onto R, Step L beside R, Hold

Diagonal Toe Strut, Side Toe Strut, Toe Strut Back, Toe Strut Beside ('V' Toestruts)

9,10 Step R toe towards right corner, Drop R heel
11,12 Step L toe to left, Drop L heel
13,14 Step R toe back to centre, Drop R heel
15,16 Step L toe beside R, Drop L heel *Restart here on wall 4

Side Toe Strut, Behind Hold, Side Behind, Across Hold

17,18 Step R toe to right, Drop R heel
19,20 Step L behind R, Hold
21,22,23,24 Step R to right, Step L across R, Step R to right, Hold

Rock Behind Replace, Back 1/4 Sweep 1/4, Back Together, Fwd Hold

25,26 Rock/step L behind R, Replace wt on R
27,28 Making 1/4 right step back on L, Sweep R around into 1/4 right keeping wt on L
29,30,31,32 Step slightly back on R, Step L beside R, Step fwd on R, Hold

Step Lock, Step Scuff, Step Lock, Step Scuff

33,34,35,36 Step fwd on L, Lock/step R behind L, Step fwd on L, Scuff R fwd
37,38,39,40 Step fwd on R, Lock/step L behind R, Step fwd on R, Scuff L fwd

Rock Fwd Back, Rock Back Fwd, Rock Fwd Back, Step Back Hold

41,42,43,44 Rock/step fwd on L, Rock back on R, Rock/step back on L, Rock fwd on R
45,46,47,48 Rock/step fwd on L, Rock back on R, Step back on L, Hold

1/4 Turn Together, 1/4 Fwd Hold, Rock Fwd Back, Step Back Hold

49,50,51,52 Making 1/4 right step R to right side, Making 1/4 left step fwd on R, Hold
53,54,55,56 Rock/step fwd on L, Rock back on R, Step back on L, Hold

1/4 Turn Together, Step Fwd Hold, Step Pivot 1/4, Step Across Hold

57,58,59,60 Making 1/4 right step R to right side, Step L beside R, Step fwd on R, Hold
61,62,63,64 Step fwd on L, Pivot 1/4 right transferring wt to R, Step L across R, Hold

*There is a restart on wall 4 after count 16

This dance looks harder on paper than it really is.
Once you learn it, you will know what I mean.

It's a good old song by Buck Owens, but in this version
he is singing with Ringo Starr..... Now that's different!
Hope you enjoy it.
See you on the floor sometime.... Jan

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