

# All Alone

拍數: 48                      牆數: 2                      級數: Improver  
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音樂: Coming Home - Lemar : (CD: Lemar The Hits)



**32 count intro (approx 16 seconds)**

## SECTION 1: MODIFIED RUMBA BOX

1-2                      step r fwd,touch l next to r,  
3-4                      step l to l side,step r next to l,  
5-6                      step back on l,touch r next to l,  
7-8                      step r to r side, touch l next to r

## SECTION 2: SHUFFLE,WALK X2,STEP HIP BUMPS, HIP BUMPS,

1&2                      step l fwd, close r beside l,step l fwd,  
3-4                      walk fwd r,l  
5&6                      step r fwd bumping hips fwd/back/fwd  
7&8                      bump hips back/fwd/back ( transferring weight onto l )

## SECTION 3: JAZZ BOX, ROLLING VINE ( OR GRAPEVINE )

1-4                      cross r over l, step l back, step r to r side, touch l next to r  
5-6                      step l to l making 1/4 turn l,1/2 turn l stepping back r,  
7-8                      1/4 turn l stepping l to l side, touch r next to l

## SECTION 4: HEEL, HOOK, STEP,TOUCH,S TEP,TOUCH, POINT,CROSS

1-2                      r heel fwd, hook r foot in front of l knee,  
3-4                      step r fwd, touch l toe next to r,  
5-6                      step l back, touch r next to l,  
7-8                      point r to r side, cross r over l,

## SECTION 5: SHUFFLE BACK, COASTER, STEP 1/2TURN WALK,WALK

1&2                      step l back, close r next to l, step l back,  
3&4                      step r back, step l next to r, step r fwd,  
5-6                      step l fwd,1/2 pivot turn r,  
7-8                      walk fwd l,r

## SECTION 6 : CHASSE L,ROCK BACK R, RECOVER L, R ROCKING CHAIR.

1&2                      step l to l side,step r next to l,step l to l side,  
3-4                      rock back r, recover onto l,  
5-6                      rock fwd r,recover onto l,  
7-8                      rock back r, recover onto l.

**End Of Dance**