

Baby, Say OK

拍數: 48 牆數: 4 級數: Improver
編舞者: Sebastiaan Holtland (NL) & Brandon Cheung (AUS) - May 2009
音樂: Say Ok - Vanessa Hudgens



Intro 16 count: Start dancing at facing 12:00

Sec 1: (1-8) SHAKING KNEE STEPS SIDEWARDS, TOUCH, 1/4 TURN L, LOCKSTEP FWD, TOUCH, SHAKING KNEE STEPS SIDEWARDS, TOUCH, 1/4 TURN L, LOCKSTEP FWD, TOUCH

1&2& Stepping Rf to the right side and close on Lf (1&), Stepping Rf to the right side and touch Lf next to Rf (2&) (12:00)

(when dancing the steps 1&2& shaking with your both knees)

3&4& Turn 1/4 L and stepping forward on Lf (3), lock Rf behind Lf (&) stepping forward on Lf (4), touch Rf next to Lf (&) (9)

5&6& Stepping Rf to the right side and close on Lf (5&), Stepping Rf to the right side and touch Lf next to Rf (6&) (9)

(when dancing the steps 5&6& shaking with your both knees)

7&8 Turn 1/4 L and stepping forward on Lf (7), lock Rf behind Lf (&) stepping forward on Lf (8) (6:00)

Sec 2: (9-16) HITCH, JAZZ BOX, CROSS, 3/4 UNWIND L, & PRESS HITCH, & PRESS HITCH

&1-2 Hitch (&), cross Rf over Lf (1), stepping back on Lf (2)

3-4 stepping Rf to the right side (3), stepping forward on Lf (4) (6:00)

5-6 Cross Rf over Lf (5), unwind 3/4 turn L and take weight on Rf (6) (9)

7&8 Press Lf behind Rf and hitching your R knee (7), step Rf back in center (&), Press Lf behind Rf and hitching your R knee (8) (9:00)

RESTART: From here in the 3rd wall you get a restart in the music, after the counts 15 & 16 from section 2, after the steps press hitch, press hitch

Sec 3: (17-24) PLACEMENT, FWD MAMBO STEP, BACK MAMBO STEP, TURN 1/2 L & STEP BACK, STEP BACK, STEP BACK, ROCK & TOUCH

&1&2 Step Rf back in place (&), mambo Lf forward (1), recover on Rf (&), step back on Lf weight onto Lf (2) (9:00)

3&4 Mambo Rf back (3), recover on Lf (&), stepping forward on Rf weight onto Rf (4) (9)

5&6 Turn 1/4 left and stepping back on Lf (5), stepping back on Rf (&), stepping back on Lf weight onto Lf (6) (3)

7&8 Rock Rf back (7), recover on Lf (&), and touch Rf next to Lf weight onto Lf (8) (3:00)

Sec 4: (25-32) STEP FWD, FLICK, STEP FWD, FLICK, STEP FWD, FLICK, STEP FWD, KICK & STEP, 1/2 TURN, TOUCH

1&2& Step forward on Rf (1). Flick Lf diagonally back Rf (&), step forward on Lf (2), Flick Rf diagonally back Lf (&) (3:00)

3&4 Step forward on Rf (3), Flick Lf diagonally back Rf (&), step forward on Lf weight onto Lf (3)

5&6 Kick forward on Rf (5), step Rf back in place (&), step forward on Lf weight on Lf (6)

7-8 Turn 1/2 R on your Lf (7), and touch Rf next to Lf and holding weight on your Lf (8) (9:00)

Sec 5: (33-40) 2X KICK & SIDE ROCK / RECOVER (slightly forwards), JAZZ BOX

1&2& Kicking forward on Rf (1), step Rf back in center (&), rock Lf to the left side (2), recover on Rf (&) (9:00)

3&4& Kicking forward on Lf (5), step Lf back in center (&), rock Rf to the right side (6), recover on Lf (&)

5-6 Cross Rf over Lf (5), stepping back on Lf (6)

7-8 stepping Rf to the right side (7), stepping forward on Lf (8) (9)

Sec 6: (41-48) WALK, WALK, ROCKING CHAIR, PIVOT 1/2 L, RUNNING FWD R-L, TOUCH

- 1-2 Walk forward on Rf (1), walk forward on Lf (2) (9:00)
- 3&4& Rock forward on Rf (3), recover on Lf (&), step back on Rf (4), recover on Lf weight onto Lf (&)
- 5-6 Step forward on Rf (5), pivot 1/2 left and take weight onto Lf (6) (3)
- 7&8 Stepping forward on Rf (7), stepping forward on Lf (&), touch Rf next to Lf (8) (3:00)

Start Over And Enjoy!

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