

Blame It On The Girls

拍數: 64 牆數: 4 級數: Intermediate
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音樂: Blame It On the Girls - MIKA : (CD: The Boy Who Knew Too Much)



Start just after vocals - 24 counts from the first heavy beat.

Vine Right, Cross, Side Rock, Cross, Hold,

1-4 Step R to R side. Cross step L behind R. Step R to R side. Cross step L over R.
5-8 Rock out on R to R side. Recover onto L. Cross step R over L. Hold.

Side Left, Together, Forward, Hold, Step, Pivot ½ Turn Left, Step, Hold.

1-4 Step L to L side. Step R next to L. Step forward on L. Hold.
5-8 Step forward on R. Pivot ½ turn L. Step forward on R. Hold.

Vine Left, Cross, Side Rock, Cross, Hold.

1-4 Step L to L side. Cross step R behind L. Step L to L side. Cross step R over L.
5-8 Rock out to L side on L. Recover onto R. Cross step L over R. Hold.

Toe, Heel, Kick Ball Cross, Toe Strut, Cross Toe Strut.

1-2 Touch R toe next to L instep with toe turned in. Dig R heel next to L instep with toe turned out.
3&4 Kick R to R diagonal. Step down on ball of R. Cross step L over R.
5-8 Step on ball of R to R side. Drop heel down. Cross step on ball of L in front R. Drop heel down.

Chasse Right, Rock Back, Chasse Left, Rock Back.

1&2 Step R to R side. Step L next to R. Step R to R side.
3-4 Rock back on L. Recover onto R.
5&6 Step L to L side. Step R next to L. Step L to L side.
7-8 Rock back on R. Recover onto L.

Side Touch Right, Cross, Side Touch Left, Cross, Kick Ball Change, Step Pivot ½ Turn Left.

1-4 Touch R toe out to R side. Cross step R over L. Touch L toe out to L side. Cross step L over R.
5&6 Kick R forward. Step down on ball of R. Step down on L.
7-8 Step forward on R. Pivot ½ turn L.

Step, Hold, Full Turn Right, Step Pivot 1/4 Turn Right, Cross, Step Right.

1-2 Step forward on R. Hold.
3-4 Turn ½ R stepping back on L. Turn ½ R stepping forward on R.
5-6 Step forward on L. Pivot 1/4 turn R.
7-8 Cross step L over R. Step R to R side.

Cross Rock Back on Left, Side Step L, Cross Rock Back on Right, Side Step R, Syncopated Weave Right.

1-3 Cross rock on L behind R. Recover onto R. Step L to L side.
4-6 Cross rock on R behind L. Recover onto L. Step R to R side.
7&8 Cross step L behind R. Step R to R side. Cross step L over R.

Start again and Enjoy!