

The Place To Be

COPPER **KNOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Helen Walker (USA) & Larry Bass (USA) - February 2010
音樂: Down At the Place to Be - Ollie Nightingale : (CD: Juke Joint Saturday Night, Vol. 2)



HEEL SWITCHES, LONG STEP FORWARD, DRAG & TOUCH; HEEL JACKS

1& Touch Left heel forward, Step Left beside Right
2& Touch Right heel forward, Step Right beside Left
3-4 Step Left a long step forward; Touch Right toe behind Left
&5 Jump slightly back onto Right, Touch Left heel forward
&6 Step Left beside Right, Touch Right toe behind Left
&7 Jump slightly back onto Right, Touch Left heel forward
&8 Step Left beside Right, Touch Right toe behind Left

COASTER STEP, FORWARD ROCK STEP; BACKWARD ¼ ROLL, SAILOR STEP

1&2 Step Right back, Step Left beside Right, Step Right forward
3-4 Step Left forward; Rock back onto Right
5-6 Rolling backward, turn ½ turn left & step Left forward; Turn ¼ turn left & step Right to right side
7&8 Step Left behind Right, Step Right to right side, Step Left to left side

BEHIND & OVER, SIDE ROCK STEP ¼ TURN; ¾ TURN TRIPLE STEP; BACKWARD ROCK STEP

1&2 Step Right behind Left, Step Left to left side, Step Right across Left
3-4 Step Left to left side; Rock right onto Right while turning ¼ turn right
5&6 Triple step Left, Right, Left while turning ¾ turn right
7-8 Step Right back; Rock forward onto Left

HIP BUMPS, SWAY RIGHT, SWAY LEFT; RIGHT SAILOR STEP

1-2 Step Right slightly forward & bump hips right twice
3-4 Step Left slightly forward & bump hips left twice
5-6 Sway hips right; Sway hips left
7&8 Step Right behind Left, Step Left to left side, Step Right slightly forward to right side

START OVER

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