

Beautiful U R

COPPERKNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Tajali Hall (CAN) - March 2010
音樂: Beautiful U R - Deborah Cox



16 count intro (start on lyrics)

Left Mambo Forward, Coaster Touch Forward, Front Switch Touches, Side & Front Touches

1&2 Rock left forward, recover to right, step left together
3&4 Step right back, close left to right, touch right forward
&5 Step right next to left, touch left forward
&6 Step left next to right, touch right forward
7,8 Touch right toe to right side, touch right toe to front (12:00)

Ball Step, Step Forward, Knee Pops, Chase 1/2 Turn Right, Left 1/2 Turn, 1/2 Turn Left With Sweep

&12 Step back on right, step forward on left, step forward on right
&3&4 Step back on left, step forward on right, lift and lower heels
5&6 Step left, 1/2 turn to right stepping forward on right, step forward on left (6:00)
7 1/2 turn to left, stepping back on right (12:00)
8 1/2 turn to left, stepping forward left while starting to sweep right foot around in front of left (6:00)

Cross, Back & Cross Step, Behind & Cross (Weave), Hip Roll

1,2 Cross right over left, step back on left
&34 Step right back next to left, cross left over right, step right to right side
5&6 Step left behind right, step right to right side, cross left over right
7,8 Step right to right side rolling hips right, left (finishing with weight on left) (6:00)

Weave With 1/4 Turn, Kick & Touch, Scuff & Hitch, Hip Roll, Ball Cross

1&2 Step right behind left, step left to left side making a 1/4 turn left, step forward on right (3:00)
3&4 Kick left foot, step left next to right, touch right to left instep angled slightly to left diagonal (2:00)
5&6 Scuff right foot, hitch right knee angling to opposite diagonal (4:00), touch right foot back
7&8 Roll back right hip into a sit putting weight on right (7), step left foot into right (&), cross right over left (8)

Note: When you end the dance you will still be facing 4:00 with your right foot crossed over left; you will be able to straighten out of the diagonal when you start the dance over with your mambo forward

Repeat

RESTART: On wall 10 (3:00) you will do the first 24 counts of the dance, restarting after the hip roll, so you will need to shift your weight back to the right foot to restart with the left mambo forward. (You'll be facing 9:00 when the restart actually happens)