

Sailing on The Seven Sea's

COPPERKNOB
BY STEPHEN

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Lauren Turner (UK) - March 2010
音樂: Sailing On the Seven Seas - Orchestral Manoeuvres In the Dark



32 count intro from 1st heavy beat (**1 restart)

Section 1: Rock fwd Right over Left. Right chassis . Left ¼ pivot. Left cross shuffle

1-2 Rock forward Right over left.
3&4 Chassis to right, stepping right, left, right (make ¼ turn right on 4) 3oclock 5-6 Step forward on left make ¼ pivot right. Weight on right 6oclock
7&8 Cross shuffle Left, Right, left.

Section 2: Step to Right making ¾ turnover left, Right shuffle,Rock fwd, Left coaster step.

1-2 ¼ turn left stepping back on right. ½ turn left stepping forward on left 9oclock
3&4 Shuffle forward- Right, left, right
5-6 Rock forward on left-weight on right
7&8 Step back on left, step back right next to left-step forward left.

****Wall 5- Section 2 on Counts 7&8 make - Coaster ¼ Left Re-start from beginning of dance**

Section 3: Step fwd Right 1/4turn Left. Right kick ball cross. Sway hips. Right chassis

1-2 Step forward on right make ¼ turn left. (Weight on left) 6 o clock
3&4 Kick right, step on right, cross step left over right
5-6 Small step to right Swaying hips right-left
7&8 Chassis to right stepping right, left, right

Section 4: Rock forward Left. Left Kick ball cross,Sway Hips. Left Chassis

1-2 Rock forward left over right. Weight back on right
3&4 Kick Left. Step on left, cross step right over left
5-6 Small step left, swaying hips left-right
7&8 Chassis to left stepping left, right, left

Section 5: Rock forward Right,triple 1/2turn. Rock forward Left.triple 3/4 turn left.

1-2 Rock forward right over left, weight back on left
3&4 Triple ½ turn right stepping right, left, right
5-6 Rock forward left over right, weight back on right
7&8 Triple ¾ turn left stepping left, right left 3oclock

Section 6: Cross Rt over Lft. Right Sailor step. Cross Left. over Rt. Left sailor step

1-2 Cross Right over left, Step left to left side
3&4 Step behind on right, step on left. Step right to right side
5-6 Cross Left over right, step right to right side
7&8 Step behind on left, step on right. Step left to left side

Section 7: Rock fwd. Right shuffle back. Rock back on Left. Left shuffle forward.

1-2 Rock forward on right. Left in place
3&4 Right shuffle back-Right-left-right
5-6 Rock back on left. Right in place
7&8 Shuffle forward Left, right, left.

Section 8: Step Fwd on Rt/ ¼ pivot . Rt shuffle fwd. Step Fwd Lef t. 1/2turn. Left shuffle Fwd.

1-2 Step forward on right make ¼ turn left (weight on left)
3&4 Shuffle forward right, left, right

5-6 Step forward on left, Make half turn right 6oclock
7&8 Shuffle forward on left, right, left.

Start again. Have fun!

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