Broken Hearted Cha

拍數: 32

牆數:4

級數: Improver

編舞者: Karl-Harry Winson (UK) - March 2010

音樂: What Becomes of the Brokenhearted - Jimmy Ruffin : (Album: Big Motown hit's and hard to find classics - Volume 1)

32 Count Intro (Start on vocals) 97 BPM.

Section 1 - Forward rock. Back lock-step. Back rock. Shuffle ½ turn.

- 1 2 Rock forward on the left. Recover weight back onto the right.
- 3&4 Step back on the left. Lock right foot in front of the left. Step back on the left.
- 5 6 Rock back on the right. Recover weight forward onto the left.
- 7&8 Shuffle ¹/₂ turn left stepping: Right, Left, Right.

Section 2 - Side rock. Cross shuffle. Side rock. Behind Side-cross.

- 1 2 Rock left foot out to the left side. Recover weight back onto the right.
- 3&4 Cross left foot over the right. Step right foot to the right side. Cross left foot over the right.
- 5-6 Rock right foot out to the right side. Recover weight back onto the left.
- 7&8 Cross right foot behind the left. Step left foot to the left side. Cross right foot in front of the left.

Section 3 - Side rock crosses X2. Side rock. Behind- ¼ turn.

- 1&2 Rock left foot out to the left side. Recover weight back onto the right. Cross left over the right.
- 3&4 Rock right foot out to the right side. Recover weight back onto the left. Cross right foot over the left.
- 5 6 Rock left foot out to the left side. Recover weight back onto the right.
- 7 8 Cross the left foot behind the right. Make a ¼ turn right stepping right forward.

Section 4 - Step ½ turn. Shuffle ½ turn. Back rock. Right lock-step.

- 1-2 Step forward on the left. Pivot $\frac{1}{2}$ turn right.
- 3&4 Shuffle ¹/₂ turn right stepping: Left, Right, Left.
- 5 6 Rock back on the right. Recover weight forward onto the left.
- 7&8 Step forward on the right. Lock the left foot behind the right. Step forward on the right.



