

Hot And Cold

COPPER KNOB
STEPPERS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Winson Eng (MY) - February 2010
音樂: Hot n Cold - Katy Perry



Side Touch Twice, Kick Ball Cross, Side Rock, Recover

- 1-2 Step R to R, touch L beside R
- 3-4 Step L to L, touch R beside L
- 5&6 Kick R, step R beside L, cross L over R
- 7-8 Rock R to R, recover on L

Sailor Cross, Hold, And Cross, Rolling L Grapevine

- 1&2 Cross R behind L, step L to L, cross R over L
- 3&4 Hold, small step L to L, cross R over L
- 5-8 Step LF fwd to ¼ turn L, turn ½ L by stepping R back, ¼ turn L by stepping L to L, touch R beside L

Reverse Rolling R Vine, Cross Side, L Sailor Step

- 1-4 Step RF fwd to ¼ turn R, turn ½ R by stepping L back, ¼ turn R by stepping R to R, touch L beside R
- 5-6 Cross L over R, step R to R
- 7&8 Sweep L behind R, step R to T, step L to L

Cross Side, Sailor ¼ Turn R, L Fwd Rock, Recover, L Unwind ½

- 1-2 Cross R over L, step L to L
- 3&4 Sweep R behind L, step L to L, make a ¼ turn R stepping R fwd
- 5-6 L fwd rock and recover
- 7-8 Touch L behind, make a ½ turn L

R And L Toe Strut, Pivot ½ Turn Twice

- 1-2 Point R toes in front, drop R heel down
- 3-4 Point L toes in front, drop L heel down
- 5-6 Step R fwd, make a ½ turn L on ball of R, L stepping fwd
- 7-8 Step R fwd, make a ½ turn L on ball of R, L stepping fwd

Fwd Rock And Recover, R Coaster Step, L Point Twice, Sailor ¼ L

- 1-2 Rock R fwd and recover back
- 3&4 Step R back, step L beside R, step R fwd
- 5-6 L toes point fwd and L side
- 7&8 Sweep L behind R, step R to R, make a ¼ turn L stepping L to L

Modified Fwd Lock Step, Rock Fwd, Recover, Triple Turn ¾ L

- 1-2& Step R fwd, hold, lock L behind R
- 3-4 Step R fwd, hold
- 5-6 Rock L fwd, recover on R
- 7&8 L triple step making a ¾ turn L

Kick Ball Change, Split Heels, Hinge Turn, Hip Bump Syncopation

- 1&2 Kick R, step R beside L, step L in place
- 3&4 Step R in front of L, split L and R heels out, return heels in place
- 5-6 Step L to L, make a ½ turn R stepping R to R
- 7&8 Make a ½ turn R stepping L to L and bump L hip, bump R hip, bump R hip.

TAG And RESTART:

On wall 3, dance up to 16 counts and restart.

At the END of wall 6 and AFTER 16 counts on wall 7, add

1-4 Rock R fwd , recover on L , rock R back , recover on L

HAPPY DANCING!
