

My Celtic Spirit

COPPER KNOB
BY STEPHEN METZ

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Annemaree Sleeth (AUS) - 2010
音樂: Celtic Rock - David King : (Album: Spirit of the dance)



Intro 16 counts

Sec 1: V STEP, R VINE , HITCH &

1- 4 Step R diag fwd, step L diag fwd, step R back, step L beside R,
5-8& Step R side, cross L behind R, step R side, hitch L

Sec 2: POINT FWD, SIDE, BACK, HITCH,& POINT FWD, SIDE, BACK HITCH & (hands on hips)

1-4& Point R fwd, point R side, point R behind L, hitch R, step R beside L
5-8& Point L fwd, point L side, point L behind L, hitch L, step on L beside R

* Restart here on 5th wall facing front

Sec 3: R HEEL, CROSS HITCH , HEEL, HITCH &, L HEEL, CROSS HITCH, HEEL, HITCH & (hands on hips)

1-4& Tap R Heel diag fwd, , cross R knee across L shin, tap R heel diag fwd, hitch R, Step R
 beside L
5-8& Tap L heel diag fwd, cross L knee across R shin , tap L heel diag fwd, hitch L, Step L beside
 R

Sec 4: TOE /HEEL TOUCHES FWD ,STEP ½ pivot STEP ¼ pivot (paddle turn)

1 -4 Tap R fwd, step R beside L, tap L fwd, step L beside R
5-8 Step fwd R ½ pivot L , step forward R,¼ pivot L, (paddle turn)

Start dance again

Restart Wall 5 facing front

Dance to count 16 and start the dance from the beginning

Enjoy !

Website <http://inlinedancer.webs.com/>