

Beautiful Goodbye

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Ross Brown (ENG) - March 2010
音樂: Beautiful Goodbye (2009 Klubkidz Remix) - Cilla Black : (CD: Cilla Black: A Life In Music - 3:59)



Intro: 40 Counts (Approx. 18 Secs)

KICK FORWARD, TOUCH BACK. DIPPING SWAYS; BACK, FORWARD. ¼ TURN R CROSS SHUFFLE.

- 1 – 2 Kick right foot forward, touch right toe back.
- 3 – 4 Bring body back dipping down and sharing weight between both feet, continue to come back standing up again and taking weight onto right foot.
- 5 – 6 Bring body forward dipping down and sharing weight between both feet, continue to come forward standing up again and taking weight onto left foot.
- 7 & 8 Make a ¼ turn left stepping right over left, close left up to right, cross step right over left. (3 o'clock)

Note: You may find it easier to angle your body towards the right forward diagonal whilst “swaying”.

SIDE ROCK, RECOVER. BEHIND, SIDE, CROSS. SIDE ROCK, RECOVER. SAILOR ¼ TURN R.

- 1 – 2 Rock left to the left, recover onto right.
- 3 & 4 Cross step left behind right, step right to the right, cross step left over right.
- 5 – 6 Rock right to the right, recover onto left.
- 7 & 8 Make a ¼ turn right stepping; right behind left, left next to right, forward with right. (6 o'clock)

HITCH, BALL, POINT. HITCH, BALL, POINT. HITCH, POINT. HITCH, BALL, POINT.

- 1 & 2 Hitch left knee up to right, step left next to right, point right to the right.
- 3 & 4 Hitch right knee up to left, step right next to left, point left to the left.
- 5 – 6 Hitch left knee up to right, point left to the left.
- 7 & 8 Hitch left knee up to right, step left next to right, point right to the right. (6 o'clock)

TWIST HEELS LEFT, TWIST ¼ TURN L with KICK. COASTER STEP. PIVOT ½ TURN R, STEP TOGETHER ½ TURN L. SHUFFLE FORWARD.

- 1 – 2 Twist both heels to the left, make a ¼ turn left twisting heels to right whilst kicking left foot forward.
- 3 & 4 Step back with left, step right next to left, step forward with left.
- 5 – 6 Pivot a ½ turn right, make a ½ turn right stepping left next to right.
- 7 & 8 Step forward with right, close left up to right, step forward with right. (3 o'clock)

BRUSH; FORWARD, BACK. SIDE STEP ¼ TURN L with DIP, TOUCH TOGETHER. SIDE STEP ¼ TURN L with DIP, TOUCH TOGETHER. CHASSE ¼ TURN L.

- 1 – 2 Brush left foot forward, brush left foot back.
- 3 – 4 Make a ¼ turn left stepping left to the left (dipping down), touch right next to left whilst standing up.
- 5 – 6 Make a ¼ turn left stepping right to the right (dipping down), touch left next to right whilst standing up.
- 7 & 8 Make a ¼ turn left stepping left to the left, close right up to left, step left to the left. (6 o'clock)

Restart: On Wall 5, dance up to this point and then start again, facing 6 o'clock.

Note: The Restart could have come on Wall 4, but I felt it was better on Wall 5, so that you can then sense it coming along rather than it abruptly appearing.

BRUSH; FORWARD, BACK. SIDE STEP ¼ TURN R with DIP, TOUCH TOGETHER. SIDE STEP ¼ TURN R with DIP, TOUCH TOGETHER. CHASSE ¼ TURN R.

- 1 – 2 Brush right foot forward, brush right foot back.

- 3 – 4 Make a ¼ turn right stepping right to the right (dipping down), touch left next to right whilst standing up.
- 5 – 6 Make a ¼ turn right stepping left to the left (dipping down), touch right next to left whilst standing up.
- 7 & 8 Make a ¼ turn right stepping right to the right, close left up to right, step right to the right. (3 o'clock)

CROSS, SIDE. BEHIND, SIDE, TAP HEEL, TOGETHER. X2.

- 1 – 2 Cross step left over right, step right to the right.
- 3 & 4 & Cross step left behind right, step right to the right, tap left heel to left diagonal, step left next to right.
- 5 – 6 Cross step right over left, step left to the left.
- 7 & 8 & Cross step right behind left, step left to the left, tap right heel to right diagonal, step right next to left. (3 o'clock)

CROSS, HOLD. TOGETHER, CROSS SHUFFLE. SIDE, SIDE STEP ¼ TURN L (X3).

- 1 – 2 Cross step left over right, hold for 1 count.
- & 3 & 4 Close right up to left, cross step left over right, close right up to left, cross step left over right.
- 5 – 6 Step right to the right, make a ¼ turn left stepping left to the left.
- 7 – 8 Make a ¼ turn left stepping right to the right, make a ¼ turn left stepping left to the left. (6 o'clock)

End of Dance

Start again and Enjoy!

ross-brown@hotmail.co.uk
