

Your Last Letter

拍數: 64 牆數: 2 級數: Beginner
編舞者: Shanthie De Mel (AUS) - January 2010
音樂: Dear One - Johnny Lion & The Jumping Jewels



Begin: Weight on left. Intro: 8 sec. into song. Begin on main vocals "..... mail man"
(NOTE: This dance is slow, 96 BPM, danced at 1/2 time. Steps should be bouncy. I easy tag.)

(1-8) VINE RIGHT. TOUCH . VINE LEFT. TOUCH.

1, 2, 3, 4 Step R to right side. Cross L behind R. Step R to right side. Touch R with L.
5, 6, 7, 8 Step L to left side. Step R behind L. Step L to left side. Touch L with R. (12:00)

(2-16) FORWARD WALKS. TAP. BACK WALKS. KICK.

1, 2, 3, 4 Walk forward R-L-R. Tap L toe behind R heel.
5, 6, 7, 8 Walk back L-R-L. Kick R forward. (12:00)

(17-24) BACK. TOUCH. SIDE. HOLD. TOG. FWD. SIDE. HOLD.

1, 2, 3, 4 Step back on R. Touch L next to R. Step L to left side. Hold.
5, 6, 7, 8 Step R to L. Step L forward. Step R to right side. Hold. (12:00)

(25-32) WEAVE RIGHT. POINT. WEAVE LEFT. POINT.

1, 2, 3, 4 Cross L behind R. Step R to right side. Cross L over R. Point R to right side.
5, 6, 7, 8 Cross R behind L. Step L to left side. Cross R over L. Point L to left side. (12:00)
* TAG- on sequence 2 at 6:00, hold here for 2 counts & continue on "dear one"

(33-40) PADDLE 1/4 RIGHT SWAYING HIPS x 2. STEP. HOLD. HOLD. & CLAP.

1, 2 Step L forward. Turn 1/4 right on R with hip sway. (3:00)
3, 4 Step L forward. Turn 1/4 right on R with hip sway.(6:00)
5, 6 Step forward L. Hold.
7 & 8 Hold. Clap twice on counts & 8 (6:00)

(41-48) PADDLE 1/4 LEFT SWAYING HIPS x 2. STEP. HOLD. HOLD. & CLAP.

1, 2 Step R forward. Turn 1/4 left on L with hip sway. (3:00)
3, 4 Step R forward. Turn 1/4 left on L with hip sway.(12:00)
5, 6 Step forward R. Hold.
7&8 Hold. Clap twice on counts & 8. (12:00)

(49-56) MAMBO FORWARD LEFT. MAMBO BACK RIGHT.

1, 2, 3, 4 Rock forward on L. Recover R. Step back on L. Hold.
5, 6, 7, 8 Rock back on R. Recover L. Step forward on R. Hold. (12:00)

(57-64) PADDLE 1/4 RIGHT SWAYING HIPS x2. SIDE SWAY. HOLD.

1, 2 Step L forward. Turn 1/4 right on R with hip sway. (3:00)
1, 2, 3, 4 Step L forward. Turn 1/4 right on R with hip sway. (6:00)
5, 6, 7, 8 Step L to left side with hip sway. Hold for 3 counts. (6:00)

Tag* - On wall 2 after count 32*, hold for 2 counts, to fit in with the words -"Dear one"

Ending - Optional. Cross unwind 1/2 left on R, to face 12:00 on last 2 counts of last wall.

Last Update - 22 Oct 2024

