

Delusions

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Diana Dawson (UK) - February 2010
音樂: After Your Love Is Gone - Modern Talking : (CD: Year of the Dragon & other albums)



Intro: approx. 23 secs. Start on the Instrumental bit, 4 counts after the speaker says "...what is right and what is wrong..."

Section 1: RIGHT CROSS, SIDE, SAILOR STEP, LEFT CROSS, SIDE, SAILOR STEP

1-2 Cross step right over left, step left to left side
3&4 Step right behind left, step left to left side, step right to right side
5-6 Cross step left over right, step right to right side
7&8 Step left behind right, step right to right side, step left to left side

Section 2: RIGHT CROSS, 1/4 TURN RIGHT, COASTER STEP, STEP, PIVOT 1/2 TURN, SHUFFLE FWD

1-2 Cross step right over left, make 1/4 turn right stepping back on left [3:00]
3&4 Step back on right, step left beside right, step forward on right
5-6 Step forward on left, pivot 1/2 turn right (weight onto right foot) [9:00]
7&8 Left shuffle forward, stepping – Left, Right, Left

Section 3: RIGHT SIDE, BEHIND, 1/4 TURN SHUFFLE, LEFT STEP, 1/4 TURN, CROSS SHUFFLE

1-2 Step right to right side, step left behind right
3&4 Make 1/4 turn right stepping forward on right, step left beside right, step right forward [12:00]
5-6 Step forward on left, pivot 1/4 turn right (weight onto right foot) [3:00]
7&8 Step left over right, step right to right side, step left over right

Section 4: 3/4 TURN LEFT (2 counts), RIGHT SHUFFLE, ROCK, COASTER STEP

1-2 Make 1/4 turn left stepping back on right, make 1/2 turn left stepping forward on left [6:00]
3&4 Right shuffle forward stepping – Right, Left, Right
5-6 Rock forward onto left, recover back onto right
7&8 Step back on left, step right beside left, step forward on left

Section 5: PIVOT 1/4 TURN, PIVOT 1/4 TURN, JAZZBOX CROSS

1-2 Step forward on right, pivot 1/4 turn left (weight onto left) [3:00]
3-4 Step forward on right, pivot 1/4 turn left (weight onto left) [12:00]
5-6 Cross step right over left, step back on left
7-8 Step right to right side, cross step left over right

Section 6: MONTEREY 1/2 TURN RIGHT x2

5-6 Point right toes to right side, make 1/2 turn right on ball of left foot stepping right beside left [6:00]
3-4 Point left to left side, step left beside right
5-7 Point right toes to right side, make 1/2 turn right on ball of left foot stepping right beside left [12:00]
7-8 Point left to left side, step left beside right

Section 7: RIGHT CHASSE, BACK, ROCK, LEFT CHASSE, BACK ROCK

1&2 Step right to right side, close left beside right, step right to right side
3-4 Step back on left, slightly behind right, recover forward onto right
5&6 Step left to left side, close right beside left, step left to left side
7-8 Step back on right, slightly behind left, recover forward onto left

Section 8: FIG 8 WEAVE

- 1-2 Step right to right side, step left behind right
- 3-4 Make 1/4 turn right stepping forward on right, step forward on left [3:00]
- 5-6 Pivot 1/2 turn right, make 1/4 turn right stepping left to left side [12:00]
- 7-8 Step right behind left, make 1/4 turn left stepping forward on left [9:00]

Begin Again

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