

# Once In Awhile

**COPPER KNOB**  
STEPSHEETS

拍數: 48      牆數: 2      級數: Intermediate  
編舞者: Jan Hanway (USA) - February 2010  
音樂: If I Knew Then - Lady A : (CD: Need You Now)



## Begin after 24 counts

### Cross, Rock, Recover; Rock, Recover, Cross

- 1            Cross left over right
- 2-3        Rock right, recover left
- 4-5        Rock right, recover left
- 6            Cross right over left

### Basic Forward Waltz On Left Diagonal; Basic Back Waltz

- 1            Step left forward on left diagonal (10:30)
- 2            Step right next to left
- 3            Step left next to right
- 4-6        Back right, left together, right together squaring up (12:00)

### Basic Forward Waltz; Basic Back Waltz

- 1-3        Left forward, right together, left together
- 4-6        Right back, left together, right together

### 1/2 Left Turning Waltz Step; 1/4 Left Turning Waltz Step

- 1            Step left forward
- 2-3        1/2 left turn (right, left)
- 4            Step right back
- 5-6        1/4 left turn (left, right)

### Big Step, Drag, Step Right; Run, Run, Run On Right Diagonal

- 1-2        Big step left, drag right next to left
- 3            Step on right
- 4-6        Facing 4:30, run left, run right, run left

### Big 1/8 Step To Right (Square Up); Run, Run, Run

- 1-2        Big step right squaring up (6:00), drag left next to right
- 3            Step on left
- 4-6        Run right, run left, run right

### Step, Lift, Cross; Basic Back Waltz

- 1            Step left forward
- 2            Swing right (low kick, not a sweep) across left as lift on left toe
- 3            Cross right over left as come down on left foot
- 4-6        Left back, right together, left together

### Step Lift, Cross; Basic Back Waltz

- 1            Step right forward
- 2            Swing left (low kick) across right as lift on right toe
- 3            Cross left over right as come down on right foot
- 4-6        Right back, left together, right together

## Begin Again

**\*TAG/RESTART:** on wall 2. After count 39 (step, swing, cross), step left to side, right to side, touch left next to right (4,5,6).

**\*\*Near the end of the dance (wall 10) music slows to a stop. Dance through the pause.**

**\*\*\*ENDING:** You will be on 12:00 wall. Instead of 3/4 waltzing left turn, make a full left waltzing turn ending back at 12:00. Step left forward and hold.

Hanway@sacredsfs.org

---