

# Follow My Emotion

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Thomas C. Tam (CAN) - February 2010  
音樂: Je ne sais quoi - Hera Björk



**Intro: 32 counts, start on lyric**

## **HEEL, HOLD, BALL, CROSS, SIDE; BEHIND, SIDE, CROSS, RECOVER**

1-2            Touch right heel forward facing right diagonal, hold  
&3-4        Touch R next to L, cross L over R, step R to right side  
5-6            Step L behind R, step R to right side  
7-8            Cross L over R, recover on R

## **SHUFFLE ¼ TURN LEFT, PIVOT ¼ TURN LEFT; LEFT WEAVE, POINT**

1&2        Step L to left side, step R next to L, turn ¼ left stepping L forward (9:00)  
3-4        Step R forward, turn ¼ left with weight on L (6:00)  
5-6        Cross R over L, step L to left side  
7-8        Cross R behind L, point L to left side

## **FORWARD, TOUCH, ¼ TURN RIGHT, TOUCH; ¼ TURN LEFT, ½ TURN LEFT, BACK, TOUCH**

1-2        Step L forward, touch R next to L  
3-4        Turn ¼ right stepping R to right side, touch L next to R (9:00)  
5-6        Turn ¼ left stepping L forward, turn ½ left stepping R back (12:00)  
7-8        Step L back, touch R in front of L

## **ROCKING CHAIR; JAZZ BOX ¼ TURN RIGHT**

1-2        Step R forward, recover on L  
3-4        Step R back, recover on L  
5-6        Cross R over L, turn ¼ right stepping L behind R (3:00)  
7-8        Step R to right side, Cross R over L

**START AGAIN AND ENJOY THE DANCE!**

**ENDING: To face the front wall, dance the first 4 counts of the 11th Wall as:**

## **HEEL, HOLD, BALL, CROSS, ¼ TURN RIGHT**

1-2            Touch right heel forward facing right diagonal, hold  
&3-4        Touch R next to L, cross L over R, turn ¼ right stepping R forward