Looking Out My Back Door



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Eva Pau (CAN) - February 2010

音樂: Lookin' Out My Back Door - Creedence Clearwater Revival



Start dancing on lyrics

TAP TAP & BODY BUMP, COASTER STEP

1 – 2 Tap right diagonally forward twice with weight on left (hold hands together, palms face forward & bump body at the same time)
3&4 Step right back, step left together, step right forward
5 – 6 Tap left diagonally forward twice with weight on right (hold hands together, palms face forward & bump body at the same time)
7&8 Step left back, step right together, step left forward

STEP ½ TURN, CROSS, FLICK, BEHIND SIDE FORWARD, FORWARD SHUFFLE, STEP

1 – 2 Step right forward, pivot ½ turn L

3 – 4 Cross right over left & bend knees, flick left behind right to do figure 4 post

5&6 Step left behind right, step right to side, cross left over right

7&8& Shuffle right, left, right, step left forward

BASKET BALL TURN, KICK BALL CROSS X 2

1 – 4 Step right forward, pivot ½ turn L twice

5&6 Kick right diagonally forward, step right next to left, cross left over right

7&8 Repeat 5&6

Restart here at 6th wall (facing 3:00), dance up to end of 2nd section (facing 9:00) and do ending below

HIP BUMP X 3, SIDE ROCK, ½ TURN SAILOR SHUFFLE

1&2&3&4 Bump hip to right, recover on left x 3 to make ¼ turn L, cross right over left

5 – 6 Rock left to side, recover on right

7&8 Step left behind right ¼ L, step right together ¼ L, step left slightly forward

ENDING - 28 counts:

PIVOT ½ TURN X 2, SIDE ROCK CROSS X 2

Step right forward, pivot ½ turn left, step right forward
Step left forward, pivot ½ turn right, step left forward
Side rock right, recover on left, cross right over left
Side rock left, recover on right, cross left over right

WEAVE, SIDE ROCK CROSS, WEAVE, BEHIND 1/4 TURN FORWARD

1&2& Step right to side, step left behind right, step right to side, cross left over right

3&4 Rock right to side, recover on left, cross right over left

5&6& Step left to side, step right behind left, step left to side, cross right over left

7&8 Step left in place, step right forward ¼ turn R, step left forward

1 – 8 Repeat 1st section 1 – 4 Basket ball turn