

Adios My Darling

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Improver
編舞者: DJ Dan (NL) & Wynette Miller (NL) - February 2010
音樂: Vaya Con Dios - Heather Myles : (CD: In The Wind)



Intro 16 counts

(1-8) SIDE, TOGETHER FORWARD, HOLD; ROCK STEP FWD, STEP BACK, HOLD

1-4 Step Left to left side. Step Right next to Left. Step Left forward. Hold
5-8 Rock Right forward. Recover onto Left. Step Right back. Hold.

(9-16) SLOW COASTER CROSS, HOLD; SWAY, SWAY, SIDE, SLIDE/TOUCH

1-4 Step Left back. Step Right next to Left. Cross left over Right. Hold.
5-6 Step Right to right side and sway hips right. Sway hips Left.
7-8 Large step Right to right side. Slide Left up to Right and touch beside.

(17-24) SIDE ROCK, CROSS SHUFFLE; 2 X 1/4 TURN, CROSS, HOLD

1-2 Rock Left to left side. Recover onto Right.
3&4 Cross Left over Right. Step Right to right side. Cross Left over Right.
5-8 1/4 turn left step Right back. 1/4 turn left step Left to left side. Cross Right over Left. Hold. [6]

(25-32) SIDE ROCK, CROSS, FLICK/CLICK; STEP, LOCK, LOCK STEP

1-2 Rock Left to left side. Recover onto Right.
3-4 Cross Left over Right. Flick Right back en click fingers.
5-6 Step Right forward. Lock Left behind Right.
7&8 Step Right forward. Lock Left behind Right. Step Right forward.

(33-40) CROSS ROCK, 1/4 TURN, HOLD; STEP, 1/2 PIVOT, 1/4 TURN, HOLD

1-4 Cross rock Left over Right. Recover onto Right. Make 1/4 turn left step Left forward. Hold.
5-8 Step Right forward. Pivot 1/2 turn left. Make 1/4 turn left step Right to right side. Hold.

(41-48) BEHIND, SIDE, CROSS, SWEEP; CROSS, STEP BACK, SWEEP STEPS BACK R,L

1-3 Cross Left behind Right. Step Right to right side. Cross Left over Right.
4 Sweep Right out from back to front.
5-6 Cross Right over Left. Step Left back.
7 Sweep Right out from front to back and step back..
8 Sweep Left out from front to back and step back.

(49-56) ROCK STEP BACK, 1/2 TURN, HOLD; ROCK STEP BACK, 1/2 TURN, HOLD

1-4 Rock Right back. Recover onto Left. 1/2 turn left step Right back. Hold.
5-8 Rock Left back. Recover onto Left. 1/2 turn right step Left back. Hold.

(57-64) BEHIND, SIDE, CROSS, UNWIND FULL TURN; SIDE, TOGETHER, FORWARD, HOLD

1-2 Cross Right behind Left, Step Left to left side.
3-4 Cross Right over Left. Unwind full turn left – end weight on Left.
5-8 Step Right to right side. Step Left next to Right. Step Right forward. Hold. [6]

Easier option count 3-4 Cross rock Right over Left. Recover onto Left.

Begin again.

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