The Road Of Life



拍數: 32 牆數: 2 級數: Beginner

編舞者: Linda Kwan (USA) - January 2010

音樂: The Road of Life - Peter Borup: (CD: The Road Of Life, 0708157)



Intro: 16 counts.

Walk forwards x3. Kick. Step backwards x3. Touch (12:00)

Walk right, left, right forward, kick left forward (clap)

5-8 Step left, right, left backward, touch right next to left (clap)

Grapevine Right. Touch. Grapevine Left. Touch

1-4 Step right to right side, cross left behind right, step right to right side, touch left beside right 5-8

Step left to left side, cross right behind left, step left to left side, touch right beside left

Step Scuff (Brush) x 3. 1/2 Left Turn

Step right forward, scuff left 1/4 turn left. Step left, scuff right 1/8 turn left 1-4 5-8 Step right, scuff left 1/8 turn left. Step left, scuff right forward. (6:00)

Option: Clap with each scuff

Step Forward & Backward Touches. Step Right & Left Side Touches

1-4 Step right forward, touch left beside right. Step left backward, touch right beside left

5-8 Step right to right side, touch left beside right. Step left to left side, touch right beside left.

(weight still on the left)

Enjoy and Start Again.

Note: This dance is specially dedicated and thanks to the artist Peter Borup and Marie Sorensen, who share the song with us during their 2009 Christmas vacations in L.A.