

1 Million EP's

拍數: 32 牆數: 4 級數: Improver
編舞者: Colin B. Smith (UK) - February 2010
音樂: You Can Get It - Paul Bailey



SECTION 1. Side rock, recover, cross shuffle X2

1-2 Rock right to right, recover on to left
3&4 Cross right over left, step left to left, cross right over left
5-6 Rock left to left, recover on to right,
7&8 Cross left over right, step right to right, cross left over right

SECTION 2. Side, behind, ¼ turn shuffle, step, pivot ½ turn, shuffle forward

9-10 Step right to right, step left behind right
11&12 Step right to right, step left beside right, make ¼ turn to right stepping right forward
13-14 Step left forward, pivot ½ turn to right (weight on right)
15&16 Shuffle forward stepping left, right, left

SECTION 3. Grapevine, heel jacks X2

17-18 Step right to right, step left behind right
&19&20 Step back on right, dig left heel forward, step left beside right, cross right over left
21-22 Step left to left, step right behind left
&23&24 Step back on left, dig right heel forward, step right beside left, cross left over right

SECTION 4. Step, pivot ½ turn, ½ turning shuffle, rock, recover, shuffle forward

25-26 Step right forward, pivot ½ turn to left, (weight on left)
27&28 Make ½ turn to left stepping right, left, right
29-30 Rock back on left, recover on right
31&32 Shuffle forward stepping left, right, left.

Begin again and don't forget to smile!

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