

Sun Shiny Day

COPPER KNOB
BY STEPHEN

拍數: 48 牆數: 4 級數: Beginner
編舞者: Gerald Biggs (USA) - February 2010
音樂: I Can See Clearly Now - Jimmy Cliff : (CD: We All Are One: The Best Of)



Start On Lyrics

WEAVE LEFT, WALK FORWARD RIGHT- LEFT, TRIPLE STEP FORWARD

1-2 Step Right over Left, Step Left to side
3-4 Step Right behind Left, Step Left to side
5-6 Walk forward, Right, Left
7&8 Triple step forward, Right, Left, Right

LEFT ROCK FORWARD, RECOVER , COASTER STEP, RIGHT ROCK FORWARD, RECOVER, ¼ TURNING SAILOR STEP

1-2 Rock forward on Left, Recover on Right
3&4 Step back on Left, Step Right next to Left, Step forward on Left
5-6 Rock forward on Right, Recover on Left
7&8 While turning ¼ turn Right Cross Right behind Left, Step Left slightly to Left, Step Right next to Left (3:00)

CHASSE SIDE LEFT, CROSS ROCK, RECOVER, ¼ TURNING TRIPLE STEP, ¼ STEP TURN

1&2 Step Left to side, Step Right next to Left, Step Left to side
3-4 Cross rock Right over Left, Recover on Left
5&6 Triple step ¼ turn Right , stepping Right, Left, Right (6:00)
7-8 Step forward on Left, Pivot ¼ turn Right while stepping Right forward (9:00)

BRUSH, CROSS x2, TRIPLE STEP FORWARD, RIGHT SIDE ROCK, RECOVER

1-2 Brush Left forward, Step Left over Right
3-4 Brush Right forward, Step Right over Left
5&6 Triple step forward, Left, Right, Left
7-8 Rock onto Right while stepping Right slightly to side, Recover weight back onto Left

FULL TURN RIGHT, FULL TURN LEFT

1-2 Step Right ¼ turn Right (12:00) Turn ¼ turn Right (3:00) by pivoting on ball of Right foot while Stepping Left foot out to side
3-4 Make ½ turn Right by pivoting on ball of Left foot while stepping Right out to side, Touch Left Together (you are now facing 9:00 wall)
5-6 Step Left ¼ turn Left (6:00) Turn ¼ turn Left (3:00) by pivoting on ball of Left foot while stepping Right foot out to side
7-8 Make ½ turn Left by pivoting on ball of Right foot while stepping Left out to side, Touch Right Together (you are now facing 9:00 wall)

RIGHT KICK BALL CHANGE, SAILOR STEP, DOUBLE CROSS KICK, COASTER STEP

1&2 Kick Right foot forward, Step Right next to Left, Step Left in place
3&4 Step Right foot behind Left, Step Left slightly to side, Step Right next to Left
5-6 Kick Left foot diagonally across Right foot two times
7&8 Step back on Left, Step Right next to Left, Step Left slightly forward

Start again

