Alejandro

拍數: 48

級數: Intermediate

編舞者: Gaye Teather (UK) - February 2010

音樂: Alejandro - Lady Gaga : (CD: The Fame Monster)

Dance rotates in CW direction 32 count intro from first beat of music. Start on the word "both" Hitch-side-cross, Side, Heel-ball-cross, Side, Cross shuffle, Side rock, Quarter turn Right 1&2 Hitch Right knee. Step Right to Right side (small step). Cross Left over Right & Step Right to Right side (small step) 3&4 Touch Left heel forward on Left diagonal. Step Left beside Right. Cross Right over Left &5&6 Step Left to Left side. Cross Right over Left. Step Left to Left side. Cross Right over Left 7 – 8 Rock Left to Left side. Recover onto Right making guarter turn Right (Facing 3 o'clock) Left lock step. Right lock step. Step. Pivot half turn Right. Full turn Right (travelling forward) 1&2 Step forward on Left. Lock Right behind Left. Step forward on Left 3&4 Step forward on Right. Lock Left behind Right. Step forward on Right During lock steps angle body to Right during Left lock and angle Left during Right lock step 5 – 6 Step forward on Left. Pivot half turn Right 7 – 8 Half turn Right stepping back on Left. Half turn Right stepping forward on Right (Facing 9 o'clock) Left side rock & cross. Right side rock & cross. Quarter turn Right. Side. Cross shuffle 1&2 Rock Left to Left side. Recover onto Right. Cross Left over Right 3&4 Rock Right to Right side. Recover onto Left. Cross Right over Left 5 - 6Quarter turn Right stepping back on Left. Step Right to Right side (Facing 12 o'clock) 7&8 Cross Left over Right. Step Right to Right side. Cross Left over Right Side rock. Right sailor step. Left sailor step. Quarter turn Right. Back rock 1 - 2Rock Right to Right side. Recover onto Left 3&4 Cross Right behind Left. Step Left to Left. Step Right to Right 5&6 Cross Left behind Right. Step Right to Right. Step Left to Left 7 - 8Quarter turn Right rocking back on Right. Recover onto Left (Facing 3 o'clock) **Re-start here during walls 3 and 7 facing 9 o'clock both times Step. Lock. Side. kick-ball-cross. Ball-cross x 3 making full turn Right. Point 1 – 2 Step forward on Right. Lock Left behind Right & Step Right to Right side (small step) 3&4 Kick Left forward. Step Left beside Right. Cross Right over Left &5 Quarter turn Right stepping back on Left. Cross Right over Left &6 Quarter turn Right stepping back on Left. Cross Right over Left

- &7 Half turn Right stepping back on Left. Cross Right over Left (Facing 3 o'clock)
- 8 Point Left to Left side

Forward rock. Coaster step. Step. Pivot half turn Left x 2

- 1 2 Rock forward on Left. Recover onto Right
- 3&4 Step back on Left. Step Right beside Left. Step forward on Left
- 5 6 Step forward on Right. Pivot half turn Left
- 7 8 Step forward on Right. Pivot half turn Left (Facing 3 o'clock)

Start again



牆數:4