Don't Call Me

拍數: 32

級數: Easy Intermediate

編舞者: A.B. Wood (NL) - February 2010

音樂: Don't Call Me (feat. Willie Nelson) - Heather Myles : (CD: In the wind)

(1-8) Right mambo forward, Coaster step, Shuffle forward, ¼ turn right cross

- 1&2 Rock Right foot forward. Recover weight on Left. Step Right foot back.
- 3&4 Step back on Left. Step Right beside Left. Step forward on Left.
- 5&6 Step forward on Right. Close Left beside Right. Step forward on Right.
- Step forward on Left. Pivot 1/4 turn Right. Cross Left over Right. 7&8

(9-16) Chasse right, backward mambo step left, Behind, side, cross, Chasse left

- 1&2 Step Right to Right side. Close Left beside Right. Step Right to Right side.
- 3&4 Rock Left foot back. Recover weight on Right, step Left foot to Left side.
- 5&6 Cross Right behind Left, Step Left to Left, Cross Right in front of Left
- 7&8 Step Left to Left side. Close Right beside Left. Step Left to Left side.

(17-24) Mambo back, shuffle forward, 1/2 turn shuffle, Coaster step

- 1&2 Rock Right foot back, Recover weight on Left, Step Right foot forward.
- 3&4 Step forward on Left. Close Right beside Left. Step forward on Left.
- 5&6 Making 1/2 turn Left shuffle. Left, Right, Left.
- 7&8 Step back on Right. Step Left beside Right. Step forward on Right.

(25-32) Modified rumba box, Coaster step, Shuffle forward

- 1&2 Step Right foot to Right side. Step Left beside Right. Step Right foot forward.
- Step Left foot to Left side. Step Right beside Left. Step Left foot back. 3&4
- 5&6 Step back on Right. Step Left beside Right. Step forward on Right.
- 7&8 Step forward on Left. Close Right beside Left. Step forward on Left.

Begin Again!

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牆數:4