

These Four Walls

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Clare Bull (UK) - February 2010
音樂: These Four Walls - Miley Cyrus : (Album: Breakout)



16 Count intro - Starts on the word "these"

STEP 1/4 TURN LEFT, STEP 1/2 STEP, FULL ROLLING TURN, RIGHT ROCK, RIGHT COASTER STEP

1,2 & 3 Step left 1/4 turn, Step forward right, pivot 1/2 turn left, Step forward right
4 & 5 Step back on left, step half onto right, step forward left
6,7 Rock forward on right, recover on left
8 & 1 Step back on right, step left next to right, step forward on right

LEFT SIDE ROCK, LEFT CROSS SHUFFLE, SWAY R,L, RIGHT SAILOR 1/4 TURN

2,3 Rock left foot to left side
4 & 5 Cross left in front of right, step right to right side, cross left over right
6,7 Sway to right, sway to left
8 & 1 Sweep right behind left, make 1/4 turn to right, step left next to right, step forward on right

STEP PIVOT 1/2, LEFT SHUFFLE FORWARD, RIGHT ROCK, RIGHT COASTER STEP

2,3 Step forward on left, pivot half turn right
4 & 5 Step forward on left, step together with right, step forward left
6,7 Rock forward on right, recover on left
8 & 1 Step back on right, step left next to right, step forward on right

LEFT FORWARD ROCK, SHUFFLE 1/4 LEFT, STEP BACK ON RIGHT, WALK LEFT, WALK RIGHT

2,3 Rock forward on left, recover on right
4 & 5 Step left 1/4 turn to left, step together with right, **, step left to left side
**(4& restart here during wall 2,4 & 6)
6,7,8 Step back on right, Walk forward left, right

TAG - End Of Wall 1&3 - SWAYS L,R

TAG - End Of Wall 5 - SWAYS L,R,L,R

RESTART - During Wall 2, 4 & 6 - RESTART (step 28 (4&))