

Paolo's Pencil

拍數: 48 牆數: 4 級數: Improver
編舞者: Chris Cleevely (UK) - February 2010
音樂: Pencil Full of Lead - Paolo Nutini : (Album: Sunny Side Up)



Start on vocals.

Point Out, In, Out; Behind Side Cross; Point Out, In, Out, Sailor ¼ Turn Left

1 & 2 Point right toe to right side, touch right toe beside left, point right toe to right side
3 & 4 Cross right behind left, step left to left side, cross right over left
5 & 6 Point left toe to left side, touch left toe beside right, point left toe to left side
7 & 8 Cross left behind right, making ¼ turn left step right to right side, step left to left side
(9.00 o'clock)

2 Steps of Charleston; Left Coaster Step; 2 Steps of Charleston; Left Coaster Step

9 - 10 Touch right toe in front of left, step right foot back
11 & 12 Step back on left, step right beside left, step forward on left
12 - 14 Repeat steps 9 – 10.
15 & 16 Repeat steps 11 & 12.

Heel Digs & Claps; Behind, Point; Rock, Recover, Point

17 & 18 & Dig right heel forward, clap hands, dig right heel forward, clap hands
19 & 20 & Dig right heel forward, clap hands, dig right heel forward, clap hands
(claps optional)

21 - 22 Cross right behind left, point left toe to left side
23 & 24 Rock left over right, recover on right, point left toe to left side

Rock, Recover; ½ Turn Shuffle Left; Cross, Back; Coaster Step

25 - 26 Rock forward on left, recover weight on right
27 & 28 Shuffle half turn left stepping left/right/left (3.00 o'clock)
29 - 30 Cross right over left, step back on left
31 & 32 Step back on right, step left beside right, step forward on right

Kick, Kick; Behind, Side, Cross; Kick Kick; Behind Side Step

33 - 34 Kick left forward, kick left to left side (or touch toe forward & side)
35 & 36 Cross left behind right, step right to right side, cross left over right
37 - 38 Kick right forward, kick right to right side (or touch toe forward & side)
39 & 40 Cross right behind left, step left to left side, step forward on right

Mambo Forward; 2 Walks Back; Mambo Back; Step, Touch

41 & 42 Rock forward on left, recover weight on right, step back on left
43 - 44 Walk back right, walk back left
45 & 46 Rock back on right, recover weight on left, step forward on right
47 - 48 Step forward left, touch right toe beside left (optional clap)

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