

Ten Out of 10

COPPER KNOB
BYEPOSTHEAT

拍數: 32 牆數: 4 級數: Beginner
編舞者: Maggie Gallagher (UK) - February 2010
音樂: 10/10 - Paolo Nutini : (CD: Sunny Side Up)



Intro: 32 counts (24 secs) (Dance moves CW)

SIDE, TOGETHER, RIGHT CHASSE, CROSS ROCK, RECOVER, LEFT CHASSE

1,2 Step right to right side, Step left beside right [12.00]
3&4 Step right to right side, Step left beside right, Step right to right side
5,6 Cross rock left over right, Recover back onto right
7&8 Step left to left side, Step right beside right, Step left to left side [12.00]

RIGHT JAZZ BOX, RIGHT JAZZ BOX WITH 1/4 TURN RIGHT

1,2,3,4 Cross right over left, Step back on left, Step right to right side, Step left beside right
5,6,7,8 Cross right over left, 1/4 turn right stepping back on left, Step right to right side, Step left beside right [3.00]

STEP, TOUCH, STEP, TOUCH, WALKS FORWARD, RIGHT SHUFFLE

1,2 Step forward on right, Touch left beside right
3,4 Step forward on left, Touch right beside left
Style note: try Reggae styling with a light bounce in your steps.
5,6 Walk forward right, Walk forward left
7&8 Step forward on right, Step left beside right, Step forward on right [3.00]

ROCK, RECOVER, LEFT SHUFFLE BACK, HIP BUMPS - R,L,R,L

1,2 Rock forward on left, Recover back onto right
3&4 Step back on left, Step right beside left, Step back on left
5,6 Bump hips right, Bump hips left
7,8 Bump hips right, Bump hips left [3.00]

Start again.

Thanks to Maxine for this music suggestion.
