

Blindsided

COPPER KNOB
STEPSHEETS

拍數: 16 牆數: 2 級數: Beginner
編舞者: Helen A. Walker (UK) - May 2009
音樂: Chrome - Trace Adkins



Or: Shine by Take That

S1. Swivels to the side, toe and heel switches.

- 1&2 Swivel heels right, swivel toes right, swivel heels right.
- 3&4 Swivel heels left, swivel toes left, swivel heels left.
- 5&6& Touch right toes to right side, and switch touching left toes to left side and replace.
- 7&8 Touch right heel forward and replace switching to touch left toes back. (Weight on right)

S2. Triple steps forward, step turn kick ball change.

- 1&2 Left triple step moving forward.
- 3&4 Right triple step moving forward.
- 5 6 Step through with left foot (with weight) turning ½ right (switch weight to right foot)
- 7&8 Left kick ball change in place (low kick forward with left foot, replace changing weight from left foot to right foot)

Begin dance again

Enjoy, Helen!

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