# **Deck Dancin'**



編舞者: Helen A. Walker (UK) - December 2009

音樂: Stagger Lee - Lloyd Price



#### Alternatives:

Slow: Sea of Love, Phil Pillips and the Twilights.

Faster: Bad Romance by Lady Gaga Different: Perhaps. Ginger Spice

Will work to any 50's style music, music 120 to 136 bpm and much, much more!!!

# S1. Side behind kick ball step, rock, 1/4 turn and triple step.

1, 2 Step right foot to the right with weight, cross left foot behind right.

3&4 Kick right foot out, take weight into ball of right foot then step down with left.

5, 6 Step onto right and turn 1/4 left taking weight onto left.

7&8 Triple step forward on right, left right.

# S2. Side behind, kick ball step, rock, 1/4 turn triple step.

1, 2 Step left foot to the left side with weight, cross right foot behind.

3&4 Kick left foot out, take weight onto ball of left foot, then step down with right.

5, 6 Step onto left and turn 1/4 right taking weight onto right.

7, 8 Walk forward on left, touch right toe in place.

# S3. Syncopated jumps, cross unwind 1/2 turn

&1&2 Take right foot back on & present left heel (1) bring left foot home and cross right over left

with weight

3, 4 unwind 1/2 turn left ending with weight on right

&5&6 Take left foot back on & present right heel (5) bring right foot home and cross left over right

with weight

7, 8 unwind 1/2 turn right ending with weight on left

# S4. Rock back triple 1/2 turn, rock triple forward

1, 2 Rock back with right foot, recover weight on left

3&4 triple 1/2 turn left with right, left right

5, 6 Rock back with left foot, recover weight on right

7&8 Triple forward with left, right, left

### S5. Step 1/2 turns and 1/4 rumba turn

1, 2 Step right foot forward, turn 1/2 left weight on left 3, 4 Step right foot forward, turn 1/2 left weight on left

5-8 Step right forward completing two 1/8 paddles turns equaling a further 1/4 turn left.

# S6. Heel switches and struts

1&2& Take right heel forward, replace on (&) switch left heel out, then replace on (&)

3, 4 Present right heel and snap toe down.

#### S5. Step 1/2 turns and 1/4 rumba turn

1,2 Step right foot forward, turn 1/2 left weight on left 3,4 Step right foot forward, turn 1/2 left weight on left

5-8 Step right forward completing two 1/8 paddles turns equaling a further 1/4 turn left.

### S6. Heel switches and struts

1&2& Take right heel forward, replace on (&) switch left heel out, then replace on (&)

1,2	Rock right foot forward, take weight on left.
3&4	Triple step right, left right turning 1/2 to the right
5&6	Triple step left, right left continuing to turn another 1/2 right
7,8	Right rock back, replace weight on left.
S8. Shimmy right, 1/2 turn, hold, shimmy left 1/2 turn, hold (hinge turns)	

Present right heel and snap toe down.

Present left heel and snap toe down

present left heel forward, replace on (&) switch right heel out then replace on (&)

Shimmy to the right. 1, 2

3,4

7,8

5&6&

3, 4 Pivot on right foot turning 1/2 right

S7. Rock forward triple round complete turn, rock back.

5, 6 Shimmy to the left

7, 8 pivot on left foot to turn 1/2 left

# End of dance begin again and have fun, Helen!

Remember to reserve all your deck dancing for that special someone! dancer29045@yahoo.com