

We Can Do Better (In Broken Heels)

COPPER KNOB
BY STEPSHEETS

拍數: 64 牆數: 4 級數: Improver
編舞者: Audrey Watson (SCO) - January 2010
音樂: Broken Heels - Alexandra Burke : (Album: Overcome)



Start Dance: 48 count from beginning after the words I can do it better in Broken heels.

TOE, HEEL, STEP, HOLD, LEFT LOCK STEP HOLD.

1-2 Touch right toe to next left foot, touch right heel next left foot.
3-4 Step fwd on right, hold for a beat.
5-6 Step fwd on left, lock right behind left.
7-8 Step fwd on left, hold for a beat.

OUT, OUT, IN, IN, HEEL SPLITS X 2

1-2 Step right to right side, step left to left side (Shoulder width apart)
3-4 Step right to centre, step left to centre.
5-6 Keeping toe together split heels apart.
7-8 Keeping toe together split heels apart.

KICK, HOLD, BACK ROCK, STEP PIVOT ½ STEP HOLD.

1-2 Kick right foot fwd, hold for a beat.
3-4 Rock back on right, recover fwd on left.
5-6 Step fwd on right, pivot ½ turn left.
7-8 Step fwd on right, hold for a beat.

TRIPLE FULL TURN LEFT HOLD (Or left shuffle fwd), WALK HOLD, WALK HOLD.

1-3 Triple full turn right stepping left, right, left. OR left shuffle fwd.
4 Hold for a beat.
5-6 Step fwd on right, hold for a beat.
7-8 Step fwd on left, hold for a beat.

FWD ROCK BACK HOLD, BACK LOCK STEP HOLD.

1-2 Rock fwd on right, recover back on left.
3-4 Step back on right, hold for a beat.
5-6 Step back on left, cross right over left.
7-8 Step back on left, hold for a beat.

SAILOR ¼ TURN HOLD, CROSS ROCK SIDE HOLD.

1-2 Turn ¼ right stepping right behind left, step left to left side.
3-4 Step right to right side, hold for a beat.
5-6 Cross rock left over right, recover back on right.
7-8 Step left to left side, hold for a beat.

RESTART DANCE FROM BEGINNING ON WALL 4

CROSS ¼ TURN HOLD, KICK & POINT HOLD.

1-2 Cross right over left, turn ¼ right stepping back on left.
3-4 Step right to right side, hold for a beat.
5-6 Kick left foot fwd, step down on left.
7-8 Point right toe to right side, hold for a beat.

PIVOT 1/8 X 2, HEEL TOG, HEEL TOG.

1-2 Rock right to right side turning 1/8 th left.
3-4 Rock right to right side turning 1/8 th left.

5-6 Touch right heel fwd, step right next left.

7-8 Touch left heel fwd, step left next right.

TAG TO BE ADDED AT THE END OF WALL 7

OUT HOLD, OUT HOLD, IN HOLD, IN HOLD.

1-4 Step right out to right side, hold for a beat. Step left to left side, hold for a beat.

5-8 Step right back to centre, hold for a beat. Step left to centre, hold for a beat
