

# Rockin' That Body Body

COPPER KNOB  
STEPPERS

拍數: 64      牆數: 2      級數: Intermediate / Advanced  
編舞者: Michele Perron (CAN) - December 2009  
音樂: Body Body - Massari



## Introduction: 48 Counts

### Sec. I (1- 8) ACROSS, BACK, SIDE; L CHA FORWARD, FORWARD-BACK, CHA CHA TURN

1,2,3      RIGHT Step across front of L; LEFT Step back; RIGHT Step side R  
4&5      LEFT Cha Cha forward (locking)  
6,7      RIGHT Break/Step forward; LEFT Recover/Step back  
8&1      Turn 1/2 R with RIGHT Cha Cha (locking) (6 o'clock)

### Sec. II (9-16) FORWARD, TURN, L CROSSING CHA, SIDE/ROCK, RECOVER/SIDE, R CROSSING CHA

2,3      LEFT Step forward; Turn 1/4 R with RIGHT Step side R (9 o'clock)  
4&5      LEFT Crossing Cha Cha (L across front of R, R side R, L across front of R)  
6,7      RIGHT Rock/Step side R; LEFT Recover/Step side L  
8&1      RIGHT Crossing Cha Cha (R across front of L, L side L, R across front of L)

### Sec. III (17-24) TURN, DRAG, RUN-RUN-RUN, FORWARD, BACK, RUN-RUN-RUN

2,3      Turn 1/4 L with LEFT Step forward; RIGHT 'Drag' to L (6 o'clock)  
4&5      RIGHT, LEFT, RIGHT Steps forward  
6,7      LEFT Break/Step forward; RIGHT Recover/Step back  
8&1      LEFT, RIGHT, LEFT Steps back

### Sec. IV (25-32) BACK, FORWARD, FORWARD-TURN, FORWARD-TURN, FORWARD-TURN (3 Paddle Turns)

2,3      RIGHT Break/Step back; LEFT Recover/Step forward  
4,5      RIGHT Step forward; Turn 1/4 L with LEFT Step side L (3 o'clock)  
6,7      RIGHT Step forward; Turn 1/4 L with LEFT Step side L (12 o'clock)  
8,1      RIGHT Step forward; Turn 1/4 L with LEFT Step side L (9 o'clock)

### Sec. V (33-40) TOUCH, HOLD CHA CHA SIDE: REPEAT

2,3      RIGHT Toe/Touch across front of L; HOLD  
4&5      RIGHT Cha Cha side R  
6,7      LEFT Toe/Touch across front of R; HOLD  
8&1      LEFT Cha Cha side L

### Sec. VI (41-48) BACK, FORWARD, TURN, BACK, BACK, FORWARD, CHA CHA FORWARD

2,3      RIGHT Rock/Step back; LEFT Recover/Step forward  
4,5      Turn 1/2 L with RIGHT Step back; LEFT Step back (3 o'clock)  
6,7      RIGHT Rock/Step back; LEFT Recover/Step forward  
8&1      RIGHT Cha Cha forward

### Sec. VII (49-56) FORWARD, TURN, FORWARD, TURN, ACROSS, BACK, SIDE

2,3      LEFT Step forward; Turn 1/2 R with RIGHT Step forward (9 o'clock)  
4,5      LEFT Step forward; Turn 1/2 R with RIGHT Step forward (3 o'clock)  
6,7,8      LEFT Step across front of R; RIGHT Step back; LEFT Step side L

### Sec. VIII (57-64) SIDE, TOUCH 3X, SIDE, HOLD

1,2      RIGHT Step side R with 1/4 Turn L; LEFT Toe/Touch beside R (12 o'clock)  
3,4      LEFT Step side L; RIGHT Toe/Touch beside L  
5,6      RIGHT Step side R with 1/2 Turn L; LEFT Toe/Touch beside R (6 o'clock)

7,8 LEFT Step side L; HOLD

**BRIDGE: 8 Counts**

1,2 RIGHT Step across front of L; LEFT Step back

3,4 RIGHT Step side R; LEFT Step forward

5,6,7,8 Circle Hips or Hip Bumps, weight ends on L or Use these 8 Counts for your own choreography and do something with your 'Body Body'...Smiles

**Bridge occurs on front wall two times**

**Dance: 64, 64, Bridge, 64, 64, Bridge, 64....**

**Begin Again**

**[michele.perron@gmail.com](mailto:michele.perron@gmail.com) - [micheleperron.com](http://micheleperron.com)**

---