

Homegrown Man

拍數: 32 牆數: 4 級數: Improver
編舞者: Alan Haywood (UK) - January 2010
音樂: Louisiana Homegrown Man - Christopher Tompson



Intro – 32 counts – start on vocals

Section 1

Rock forward R, recover L, R back lock step, pivot ½ L, R forward, L forward, touch R

- 1-2 Rock forward onto right, recover weight back onto left
- 3&4 Step back onto right, lock left over right, step back onto right
- 5-6 Pivot ½ turn left stepping left forward, step forward onto right (6 o'clock)
- 7-8 Step forward onto left, touch right next to left

Section 2

Rock forward R, recover L, ¼ R shuffle, weave R, point R

- 1-2 Rock forward onto right, recover weight back onto left
- 3&4 Make ¼ turn right stepping right side, close left next to right, step right to right side (9 o'clock)
- 5-6 Cross step left over right, step right to right side
- 7-8 Cross step left behind right, point right to right side

Section 3

R over, point L, L over, point R, R forward, ½ L, R forward, touch L

- 1-2 Cross step right over left, point left to left side
- 3-4 Cross step left over right, point right to right side
- 5-6 Step forward onto right, pivot ½ turn left (3 o'clock)
- 7-8 Step forward onto right, touch left next to right

Section 4

Rock forward L, recover R, L back lockstep, rock back R, recover L, & L forward, touch R

- 1-2 Rock forward onto left, recover weight back onto right
- 3&4 Step back onto left, lock right over left, step back onto left
- 5-6 Rock back onto right, recover weight forward onto left
- &7-8 Step right next to left, step left forward, touch right next to left

END OF DANCE

Unfortunately, to keep the dance phased with the music, there are 2 very short, easy tags.

They are easy to spot – they are done after he sings the words 'Louisiana Homegrown Man'. Please don't be put off by these tags, the song is really nice and you just won't miss them!

Tag 1 done at the end of walls 1 (3 o'clock) and 6 (6 o'clock)

Tag 2 done at the end of walls 2 (6 o'clock) and 7 (9 o'clock)

Tag 1 – 16 counts – see below

R grapevine, touch L, L forward rocking chair

- 1-2 Right to right side, cross step left behind right
- 3-4 Step right to right side, touch left next to right
- 5-6 Rock forward onto left, recover weight back onto right
- 7-8 Rock back onto left, recover weight forward onto right L grapevine, touch R, R forward rocking chair

- 1-2 Left to left side, cross step right behind left
- 3-4 Step left to left side, touch right next to left
- 5-6 Rock forward onto right, recover weight back onto left
- 7-8 Rock back onto right, recover weight forward onto left

Tag 2 - 8 counts – Right grapevine, touch left, Left grapevine, touch right

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