

Honey Do

拍數: 64 牆數: 4 級數: Beginner
編舞者: Rona Kaye (USA) & Dante Brown - September 2008
音樂: From Honeymoon to Honey-do - Sum of Squares & Jimmy Packes



Start dance after the intro, 48 counts

R Heel, hitch, heel, step R, L heel, hitch, heel, step L:

- 1-4 With weight on the L foot, place R heel to the front, hitch up over L leg, place R heel to the front, then step down R foot next to L
- 5-8 With weight now on the R foot, place L heel to the front, hitch up over the R leg, place L heel to the front, then step down L foot next to R

“(Little) Step together (Big) Step touch” up R diagonal, then same step on the up L diagonal:

- 1-4 “Little” Step R foot up to R diagonal, step L foot into the R, “Big” step R foot up to R diagonal, touch L into R
- 5-8 “Little” Step L foot up to L diagonal, step R foot into the R, “Big” step L foot up to L diagonal, touch R into L

Step, touches (4) moving back to where you were:

- 1-2 Step back on diagonal R with R foot, touch L foot into the R
- 3-4 Step back on diagonal L with L foot, touch R foot into the L
- 5-8 Repeat on each side

****Clap your hands on the touch steps (Counts 2, 4, 6, & 8)**

“Grapevines” to the R & L:

- 1-4 Step R side R, cross L foot behind the R, step R side R, touch L foot into the R
- 5-8 Step L side L, cross R foot behind the L, step L side L, touch R foot into the L

Three ¼ pivot turns to the L, “Stomp”, Clap:

- 1-2 Step forward on the R foot, turn ¼ turn to the L (transfer weight to the L foot)
- 3-4-5-6 Repeat the same step two more times (Step R, turn ¼ to the L)
- 7-8 Stomp the R foot into the L (7) Clap your hands (8)

(You are now facing the “3 o'clock wall” where you will start the dance again after two more eight counts of the dance.)

Hip bumps 2 X R, 2 X L, then hip bumps R, L, R, L:

- 1-8 Bump your hips to the R 2 times, then to the L 2 times, then once to the R, L, R, L

Eight count “Weave” to the R, Eight count “Weave” to the L:

- 1-8 Step R side R, cross L foot behind R, step R side R, step L foot in front of R, step R side R, Cross L foot behind R, step R side R, touch L foot into the R

(Clap hands one time on count 8)

- 1-8 Step L side L, cross R foot behind L, step L side L, step R foot in front of L, step L side L, Cross R foot behind L, step L side L, touch R foot into the L

(Clap hands two times on counts “and, 8”)

End of dance. Begin again from the beginning facing the new wall. Have fun!!!

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