

# Super Gal

COPPERKNOB  
STEPSHEETS

拍數: 64      牆數: 2      級數: Intermediate Funky  
編舞者: John Ng (SG) - December 2009  
音樂: Super Girl (Korean Version) - SUPER JUNIOR-M : (Korean Version)



Intro: 48 counts on heavy beat (0.27min)

## STEP, ¼ R, R SAILOR, CROSS, ¼ L, ½ L SHUFFLE

1-2            Step forward on right, ¼ turn right step left to left  
3&4           Step right behind left, step left to left, step right to right  
5-6           Cross left over right, ¼ turn left step back on right  
7&8           ¼ turn left step left to left, step right beside left, ¼ turn left step forward on left

## R KICK & L SIDE ROCK, L KICK & R SIDE ROCK, JAZZ BOX ¼ R

1&2&          Kick right forward, step right beside left, rock left to left, recover onto right  
3&4&          Kick left forward, step left beside right, rock right to right, recover onto left  
5-6           Cross right over left, step back on left  
7-8           ¼ turn right step forward on right, step forward on left

## R HIP BUMP, L HIP BUMP, OUT-OUT, IN-IN

1&2           Touch right toe forward diagonally right bumping hips Right. Left. Right. (weight on right)  
3&4           Touch left toe forward diagonally left bumping hips Left. Right. Left (weight on left)  
5-6           Step diagonally forward on right, step diagonally forward on left  
7-8           Step back on right, step left beside right

## SIDE TOE SWITCHES, HEEL SWITCHES, & HEEL BOUNCE ½ L

1&2&          Touch right toe to right, step right beside left, touch left toe to left, step left beside right  
3&4&          Touch right heel forward, step right beside left, touch left heel forward, step left beside right  
5              Step forward on right  
6-8           Bounce heels 3 times while making ½ turn left

## CROSS & HEEL, & CROSS & HEEL, & CROSS, SIDE, BEHIND SIDE CROSS

1&2           Cross right over left, step left to left, touch right heel forward diagonally right  
&3&4          Replace right beside left, cross left over right, step right to right, touch left heel forward diagonally

### left

&5-6          Step left beside right, cross right over left, step left to left  
7&8           Step right behind left, step left to left, cross right over left

## L CHASSE, ¼ R CHASSE, L CROSS ROCK, & R CROSS SHUFFLE

1&2           Step left to left, close right beside left, step left to left  
3&4           ¼ turn right step right to right, step left beside right, step right to right  
5-6           Rock left over right, recover onto right  
&7&8          Step left to left, cross right over left, step left to left, cross right over left

## SIDE ROCK, BEHIND, ¼ R, STEP, STEP, HITCH, L COASTER

1-2           Rock left to left, recover onto right  
3&4           Step left behind right, ¼ turn right step forward on right, step forward on left  
5-6           Step forward on right, hitch left knee  
7&8           Step back on left, step right beside left, step forward on left

## ROCK FORWARD, ½ R, SIDE, TOUCH, SYNCOPATED OUT-OUT IN-IN OUT-OUT IN-IN

1&2           Rock forward on right, recover onto left, ½ turn right step forward on right

3-4            ¼ turn right step left to left, touch right beside left  
&5&6        Step right to right, step left to left, step right beside left, step left beside right  
&7&8        Step right to right, step left to left, step right beside left, step left beside right

**REPEAT**

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