

2X Trouble

拍數: 32 牆數: 4 級數: Intermediate
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音樂: Trouble - Ne-Yo



Introduction: 32 Counts

SEC.I (1-9) TOE, HEEL, FORWARD, CROSS ROCK/RECOVER, 1/2, 1/2, SYNCOPATED STEPS, TURN 1/4, HITCH

1&2 tap Right toe next to left, scuff Right heel forward, step Right forward
3&4 cross rock Left over right, recover back Right, turn 1/2 L with step Left forward
5-6& turn 1/2 L with step Right back, step Left beside right, step Right side right
7&8 step Left side left, step Right across front of left, step Left side left
&1 turn 1/4 R with step forward Right, step Left slightly forward as you pop (3 o'clock) right knee slightly up

SEC.II (10-16) KICK, SIDE, CROSS, SIDE, 1/4, 1/2, 1/2 TRIPLE

2 kick Right forward
3&4 step Right side right, cross Left over right, step Right side right
5,6 turn 1/4 L with step Left forward, turn 1/2 left with step Right back (6 o'clock)
7&8 turn 1/2 L, step Left-Right-Left triple (12 o'clock)

SEC.III (17-24) SIDE, TOUCHES X2, SWEEPS X3, ROCK RECOVER

1-2 touch Right toe side right, Right step beside left
3-4 touch Left toe side left, Left step beside right, as you sweep right back
5-6 step Right back as you sweep left back, step Left back as you sweep right foot back
7-8 rock back Right, recover forward Left

SEC.IV (25-32) FORWARD, 1/2 TURN HEEL POPS, CROSS BACK SIDE, ROCK WITH SWAY/RECOVER, BACK, 1/4 SIDE

1&2 step Right forward slightly diagonal R, turn 1/4 L as you pop left heel to right heel, turn 1/4 L as you pop right heel out [swivelling heels], weight on Right (6 o'clock)
&3-4 cross Left over right, step Right back, step Left side left
5-6 step forward Right as you slightly raise heels and push hips forward, recover back Left [neutral]
7-8 step Right back, make 1/4 turn L with step Left side left (3 o'clock)

TAG: on the 4th wall, 8 Counts, Tag occurs on 9 o'clock wall.

[three rotations, dance Tag, begin fourth rotation...]

1&2 t ap Right toe next to left, scuff Right heel forward, step Right forward
3&4 c ross rock Left over right, recover back Right, turn 1/2 L with step Left forward
5-6& t urn 1/2 L with step Right back, step Left beside right, step Right side right
7&8 s tep Left side left, step Right across front of left, step Left forward