

True Colors

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Scott Schrank (USA) - December 2009
音樂: True Colors (Glee Cast Version) - Glee Cast : (CD: Glee 2)



Start: 16-count intro: Dance starts on "Sad Eyes"

The sequence for the dance is: 32-32-20-32-32-20-32 to end

NOTE: This dance also works with the Cyndi Lauper version, but the tempo is slower

(1-8) Side Rock Recover, Ball-Side, Recover, Cross, Recover, Chasse 1/4 Turn

1-2 Rock right foot to right, Recover weight to left foot
&3-4 Step ball of right foot next to left, Rock left foot left, Recover weight back to right foot
5-6 Cross rock left foot over right, Recover weight back to right foot
7&8 Step left foot left, Step right foot next to left, Step left foot forward making 1/4 turn left (9:00)

(9-16) Step-Pivot-Side, Rock & Side & Cross, Step, Sailor 1/4 Turn

1&2 Step right foot forward, Pivot 1/2 turn left on balls of feet, Make 1/4 turn left on ball of left while stepping right foot right (12:00)
3& Rock left foot behind right, Recover weight to right foot
4& Rock left foot left, Recover weight back to right foot
5-6 Cross step left foot over right foot, Step right foot right
7&8 Step left foot behind right, Step right foot next to left while making 1/4 turn left on ball of left, Step left foot forward (9:00)

(17-24) Rock, Recover-Ball-Step, Touch, Side Rock, Recover, Behind & Cross

1-2 Rock right foot forward, Recover weight to left foot
&3-4 Step ball of right next to left foot, Step left foot forward, Tap right toes next to left foot

(RESTART happens here)

5-6 Rock right foot right, Recover weight back to left foot
7&8 Step right foot behind left, Step left foot left, Cross right foot over left (9:00)

(25-32) Side-Back-Cross, Side-Back-Cross, Back, 1/2 Turn, Pivot-Turn-Step

1&2 Rock left foot out to left, Step right foot slightly back, Cross left foot over right
3&4 Rock right foot out to right, Step left foot slightly back, Cross right foot over left
5-6 Step left foot back, Make 1/2 turn right on ball of left stepping forward on right
7&8 Step left foot forward, Pivot 1/2 turn right on balls of feet, Step left foot forward

Start dance again, and enjoy

RESTARTS: The restarts happen AFTER dancing the FIRST 20 counts of third set (Facing 3:00 for restart), and then AFTER the FIRST 20 counts of the sixth set (Facing 6:00 for restart)

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