

Upside Down For Starters

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Sho Botham (UK) - November 2009
音樂: Upside Down - Paloma Faith : (CD: Do You Want the Truth or Something Beautiful?)



Sec 1: Step And Touches And Step Side, Close, Step Side And Touch

1&2& Step and touch to R then L
3&4& Step to R side, close L, step to R side and touch L beside R
5&6& Step and touch to L then R
7&8 Step to L side, close R, step to L side and touch R beside L

Sec 2: 3x Charleston Points And Step

1-3 Point R across L towards diagonal, point R diagonally back to R, point R across L towards diagonal
4 Step R to R
5-7 Point L across R towards diagonal, point L diagonally back to L, point L across R towards diagonal
8 Step L to L

Sec 3: Hip Bumps

1&2&3&4& Hip bumps R
5&6&7&8& Hip bumps L

Sec 4: Toe Struts Back X4, Toe Struts Forward X4 Making A 1/4 Turn To L

1&2&3&4& Toe struts back x 4 RLRL
5&6&7&8& Toe struts forward x 4 making 1/4 turn to L

Begin dance again and enjoy
