

Autumn Rose

拍數: 64 牆數: 4 級數: Improver
編舞者: Carina Slijters (NL) & Ide Ongers (NL) - November 2009
音樂: Autumn Rose - Rick Trevino : (CD: Whole Town Blue)



16 count intro

Forward, Point, Left Shuffle Forward, Rock Step, ¼ Right with Chassé Right

1-2 Step Right Forward, Point Left to Left
3&4 Step Left Forward, Step Right next to Left, Step Left Forward
5-6 Rock Right Forward, Weight back on Left
7&8 Make a quarter turn Right step Right to Right, Step Left next to Right, Step Right to Right
[3:00]

Cross, Point, Cross Shuffle, ¼ Right, Backward, Left Shuffle Backward

1-2 Cross Left in front of Right, Point Right to Right
3&4 Cross Right in front of Left, Step Left to Left, Cross Right in front of Left
5-6 Make a quarter turn Right step Left backwards, Step Right backwards [6:00]
7&8 Step Left backwards, Step Right next to Left, Step Left backwards

Rock Step, Full Turn Left Forward, Forward, Rock Step, Coaster Step

1-2 Rock Right backwards and sway your Right shoulder backwards, Weight back on Left
3&4 Make a half turn Left step Right backwards, Make a half turn Left step Left Forward, Step Right forward [6:00]
5-6 Rock Right forward, Weight back on Left
7&8 Step Left backwards, Step Right next to Left, Step Left forward

Cross, ¼ Right Backward, Chassé Right, Cross, ¼ Left Backward, ¼ Left with Chassé Left

1-2 Cross Right in front of Left, Make a quarter turn Right step Left backwards [9:00]
3&4 Step Right to Right, Step Left next to Right, Step Right to Right
5-6 Cross Left over Right, Make a quarter turn Left step Right backwards [6:00]
7&8 Make a quarter turn Left step Left to Left, Step Right next to Left, Step Left to Left [3:00]

Box Step, Chassé Right with ¼ Right, Rock Step, Sweep Back 2x

1-2 Cross Right in front of Left, Step Left backwards
3&4 Step Right to Right, Step Left next to Right, Make a quarter turn Right step Right forward
[6:00]
5-6 Rock Left forward, Weight back on Right
7-8 Sweep Left from front to back step Left backward, Sweep Right from front to back step Right backward

¼ Left Sailor Step, Cross Rock, Chassé Right with ¼ Turn Right, Full Turn Right Forward

1&2 Make a quarter turn Left cross Left behind Right, Step Right next to Left, Step Left forward
[3:00]
3-4 Cross Right in front of Left, Weight back on Left
5&6 Step Right to Right, Step Left next to Right, Make a quarter turn Right step Right forward
[6:00]
7-8 Make a quarter turn Right step Left backward, Make a quarter turn Right step Right forward

Rock Step, Mambo Side 2x, Pivot ¼ Backward

1-2 Rock Left forward, Weight back on Right
3&4 Step Left to Left, Weight back on Right, Step Left next to Right
5&6 Step Right to Right, Weight back on Left, Step Right next to Left

7-8 Touch Left toe backward, Make a quarter turn Left (weight on Left) [3:00]

Rocking Chair, Step, Touch, Step Back, Touch

1-4 Rock Right forward, Weight back on Left, Rock Right backward, Weight back on Left

5-8 Step Right forward, Point Left to Left, Step Left backward, Point Right to Right

Start again

Ending

In the 6th wall dance until count 19 then:

&4-6 Make a quarter turn Left step Left to Left [12.00], Cross Right in front of Left, Make a large step to Left with Left and drag Right to Left

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