

5 Minutes More

拍數: 47 牆數: 2 級數: Improver
編舞者: CH Lim-Naidu - December 2009
音樂: Five Minutes More - Jim Reeves



Start after 5 counts (at the vocals)

POINT, CROSS, POINT, CROSS, POINT, TOUCH, COASTER

1 – 2 R point R, R cross L
3 – 4 L point L, L cross R
5 – 6 R point R, R touch next to L
7&8 Coaster: R step back, L together R, R step forward

POINT, CROSS, POINT, CROSS, POINT, TOUCH, COASTER

1 – 2 L point L, L cross R
3 – 4 R point R, R cross L
5 – 6 L point L, L touch next to R
7&8 Coaster: L step back, R together L, L step forward

Restart here at 2nd wall

FWD-RECOVER-1/2 R TURN, RUMBA BOX

1&2 R step forward, recover on L, ½ R turn R step forward
3&4 L step L, R together L, L step forward
5&6 R step R, L together R, R step back
7&8 L step L, R together L, L step L

CROSS SHUFFLE, SIDE-RECOVER-CROSS, ½ LEFT TURN, SHUFFLE FWD

1&2 Cross shuffle: R cross L, L step L, R cross L
3&4 L step L, recover on R, L cross R
5&6 R step R, ½ L turn L step L, R step forward
7&8 Shuffle forward: L, R, L

MAMBO(TWICE), FWD- RECOVER ½ R-FWD, SHUFFLE FWD

1&2 Mambo R (R step R, recover on L, R together L)
3&4 Mambo L (L step L, recover on R, L together R)
5&6 R step forward, ½ R recover on L, R step forward
7&8 Shuffle forward: L,R,L

POINT, BACK, COASTER, POINT TOGETHER, STEP IN PLACE

1 – 2 R point forward, R step back
3&4 Coaster: L step back, R together L, L step forward
5 – 6 R point R, R together L
7 L stomp in place.

RESTART: AT 2nd wall (6.00) after 16 counts

END: Starting at 3rd wall, at section 3 (6.00),

7&8 ½ L turn L step forward, R together L, L step forward (to face 12.00)