Bailando



編舞者: Peter Ng (SG) - December 2009

音樂: Bailando Bailando - Permiso Extraordinario: (CD: Hot Summer 101 Beach Party)



48 counts intro (Contra - line dance)

Choreographed for The Superdance Studio's 8th Anniversary Party held in Hong Kong.

Forward Rock, Ball, Forward Rock, Back Locked Steps, Back Rock

1,2&3,4 Rock R forward, Recover on L, Step R beside L, Rock L forward, Recover on R

5&6 Step L back, locked R in front of L, Step L back7-8 Rock R behind L, Recover on L (12 o'clock)

Forward Step, Forward Locked Steps, Forward Step, Forward Locked Steps, Pivot ¼ Turn

1,2&3 Step R forward, Step L forward, Locked R behind L, Step L forward
4,5&6 Step R forward, Step L forward, Locked R behind L, Step L forward
7-8 Step R forward, Pivot ¼ turn left shifting weight to L (9 o'clock)

Cross, Point, Cross, Point, Walk Back

1-4 Cross R over L, Point L to side, Cross L over R, Point R to side 5-8 Walk back (and shimmy shoulders) on R, L, R, L (9 o'clock)

Back Rock, ½ Turn Shuffles, Back Rock, ¼ Turn Side Step, Touch

1-2 Rock R behind L, Recover on L

3&4 Step R to side turning ¼ left, Step L beside R, Step R back turning ¼ left

5-6 Rock L behind R, Recover on R

7-8 Turning ¼ right step L to side, Touch R toe beside L

Repeat

TAGS: AFTER the 2nd and 5th walls, add the following tag. Bump, Behind Side Cross, Bump, Bump, Behind Side Cross

1 Hip bump to right

2&3 Cross R behind L, Step L to side, Cross R over L

4-5 Hip bump to left, Hip bump to left

6&7 Cross L behind R, Step R to side, Cross L over R

Bump, Bump, Bump, Behind Side Cross, Bump, Bump, Bump, Bump

8-2 Hip bump to right, Hip bump to right, Hip bump to right 3&4 Cross R behind L, Step L to side, Cross R over L

5-8 Hip bump to left, Hip bump to left, Hip bump to left, Hip bump to left shifting weight to L

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