

Pencil Full of Lead

拍數: 48 牆數: 4 級數: Beginner
編舞者: Karl-Harry Winson (UK) - November 2009
音樂: Pencil Full of Lead - Paolo Nutini : (Album: Sunny side up)



Intro: 64 count intro (start on vocals)

Toe & Heel switches.

- 1 - 2 Touch right toe to the right side. Step right foot next to the left.
- 3 - 4 Dig left heel forward. Step left next to the right.
- 5 - 6 Dig right heel forward. Step right next to the left.
- 7 - 8 Touch left toe to the left side. Touch left toe next to the right.

Side close Side Flick. Coaster ¼ turn.

- 1 - 2 Step left foot to the left side. Close right foot next to the left.
- 3 - 4 Step left foot to the left side. Flick right foot to the right diagonal.
- 5 - 6 Make a ¼ turn right stepping back on the right. Step left foot next to the right.
- 7 - 8 Step forward on the right. Hold.

Side rock. Step Hold. X2.

- 1 - 2 Rock left foot out to the left side. Recover weight back onto the right.
- 3 - 4 Step forward on the left. Hold.
- 5 - 6 Rock right foot out to the left. Recover weight onto the left.
- 7 - 8 Step forward on the right. Hold. (3.00)

Heel Struts X4 (Making a ½ turn left).

- 1 - 2 Place left heel down. Drop the toes.
- 3 - 4 Place right heel down. Drop the toes.
- 5 - 6 Place left heel down. Drop the toes.
- 7 - 8 Place right heel down. Drop the toes. (9.00)

Step close Step Scuff X2 (To the Diagonal)

- 1 - 2 Step left foot to the left diagonal. Close right foot next to the left.
- 3 - 4 Step left foot to the left diagonal. Scuff right foot beside the left.
- 5 - 6 Step right foot to the right diagonal. Close left foot next to the right.
- 7 - 8 Step right foot to the right diagonal. Scuff left foot beside the right.

Mambo step Hold. Back together. Stomp Forward Right, Left.

- 1 - 2 Rock forward on the left. Recover weight back onto the right.
 - 3 - 4 Step back on the left. Hold.
 - 5 - 6 Step back on the right. Step left next to the right.
 - 7 - 8 Stomp forward on the right. Stomp forward on the left.
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