Chanda Mama



編舞者: Joyce Nicholas (MY) - November 2009

音樂: Chanda Mama - Playing for Change: (Album: Songs Around The World)



Intro: Start dance on vocals after 32 counts

R & L Diagonal Shuffle, R & L Hip Bumps

1&2	Shuffle fwd RLR diagonally to R (Styling: Clasps hand together at chest)
3&4	Shuffle fwd LRL diagonally to L (Styling: Clasps hand together at chest)
5&6	Bump R hip fwd, back, fwd (Styling: Raise hands & push to R twice)
7&8	Bump L hip fwd, back, fwd (Styling: Lower hands & push to L twice)

R & L Scissors, Step ¼ Turn, R Forward Mambo

1&2	Step R to right side, Step L next to right, Cross R over left
3&4	Step L to left side, Step R next to left, Cross L over right
5-6	Step R fwd, ¼ Turn L, and weight on left
7&8	Step R fwd, Recover on L, Step R together

L & R Mambo Steps, Jump Back (x2)

1&2 Rock L to left side, Recover weight on R, Step L beside right

(Styling: Flick fingers to left side)

3&4 Rock R to right side, Recover weight on L, Step R beside left

(Styling: Flick fingers to right side)

&5-6 Lf+Rf jump back (Styling: Hands up & apart at shoulder with palms up) &7-8 Lf+Rf jump back (Styling: Hands up & apart at shoulder with palms up)

Step 1/4 Turn (x2), Heel Bounce

1-2	Step R fwd, ¼ turn L (Styling: Hands apart at shoulder with palms up)
3-4	Step R fwd, ¼ turn L (Styling: Hands apart at shoulder with palms up)

5-8 Bounce R heel 4 times, weight on left

(Styling: Left hand on waist, Right hand bounce from front to side in 4 counts)

START AGAIN

Note: Feel free to add in other styling. Just have fun.....