Cry Me Out

級數: Intermediate

編舞者: Crazy Chris Adams (UK) - November 2009

牆數:2

音樂: Cry Me Out - Pixie Lott

Start after 48 counts on main vocals

Left Twinkle, Right Twinkle, Left Twinkle, 1/2 Turn Step Slide Together,

- 1,2,3 Cross L Over, R To R Side, L To L Side
- 4,5,6, Cross R Over L, L To L Side, R To R Side,
- 1,2,3, Cross L Over R, ¼ L Stepping Back R, ¼ L Touching L Beside R,
- 4,5,6, Step L To L Side, Slide R To L, Touch R In Place,

Rock Back R, Recover L, Step R To R Side, Touch, Hold, Hold, Triple 1 & ¼ Turn, Sweep,

- 1,2,3, Rock Diagonally Back On R, Recover Weight To L, Step R to R side,
- 4,5,6, Touch L Beside R, Hold For 2 Counts,
- 1,2,3, ¹/₄ Turn L Stepping On L, ¹/₂ Turn L Stepping Back On R, ¹/₂ Turn L Stepping On L,
- 4,5,6, Sweep R Out & Round Over 3 Counts,

R Cross, Rock & Cross, Rock & Cross, Step Slide Together,

- 1,2,3, Cross Step R Over L, Rock L To L Side, Recover Onto R,
- 4,5,6, Cross L Over R, Hold For 2 Counts,
- 1,2,3, Rock R To R Side, Recover Weight To L, Cross R Over L,
- 4,5,6, Step L To L Side, Drag R To L, Touch R In Place,

Step R, Sway Hips R then L, Triple 1 & ¼ Turn, Sweep L Out & Round,

- 1,2,3, Step R To R Side, Sway Hips R Over 2 Counts,
- 4,5,6, Recover Weight To L, Swaying Hips L Over 2 Counts,
- 1,2,3, ¹⁄₄ Turn R Stepping Forward On R, ¹⁄₂ Turn R Stepping Back On L, ¹⁄₂ R Stepping Forward On Right,
- 4,5,6, Sweeping L Foot Out & Round Over 3 counts

Tag on end of wall 10.

L Twinkle, R Twinkle 1/2 Turn, X 2,

- 1,2,3, Cross Left Over, Right To Right Side, Left To Left Side
- 4,5,6, Cross R Over L, ¼ R Stepping Back On L, ¼ R Stepping R To R Side,
- 1,2,3, Cross Left Over, Right To Right Side, Left To Left Side
- 4,5,6, Cross R Over L, ¼ R Stepping Back On L, ¼ R Stepping R To R Side,

Start Again!

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拍數: 48