Cry Me Out



拍數: 48 牆數: 2 級數: Intermediate

編舞者: Crazy Chris Adams (UK) - November 2009

音樂: Cry Me Out - Pixie Lott



Start after 48 counts on main vocals

Left Twinkle	Right Twinkle	Left Twinkle	1/4 Turn Sten	Slide Together.
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1,2,3	Cross L Over, R To R Side, L To L Side
4,5,6,	Cross R Over L, L To L Side, R To R Side,

- 1,2,3, Cross L Over R, ¼ L Stepping Back R, ¼ L Touching L Beside R,
- 4,5,6, Step L To L Side, Slide R To L, Touch R In Place,

Rock Back R, Recover L, Step R To R Side, Touch, Hold, Hold, Triple 1 & 1/4 Turn, Sweep,

1,2,3,	Rock Diagonally	Back On R	Recover Weight To L	Sten R to R side
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- 4,5,6, Touch L Beside R, Hold For 2 Counts,
- 1,2,3,
 ¹/₄ Turn L Stepping On L, ¹/₂ Turn L Stepping Back On R, ¹/₂ Turn L Stepping On L,
- 4,5,6, Sweep R Out & Round Over 3 Counts,

R Cross, Rock & Cross, Rock & Cross, Step Slide Together,

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1,2,3,	Cross Step R Over L.	RUCKI IO I SIA	a Racovar Unio R
1.4.0.	CIUSS CIED IX OVEL L.		E. INCCOVEL OHIOTA.

- 4,5,6, Cross L Over R, Hold For 2 Counts,
- 1,2,3, Rock R To R Side, Recover Weight To L, Cross R Over L,
- 4,5,6, Step L To L Side, Drag R To L, Touch R In Place,

Step R, Sway Hips R then L, Triple 1 & 1/4 Turn, Sweep L Out & Round,

123	Step R To R Side, Sway Hips R Over 2 Counts	
1/3	Step R To R Side Sway Hips R Over / Counts	

- 4,5,6, Recover Weight To L, Swaying Hips L Over 2 Counts,

Right,

4,5,6, Sweeping L Foot Out & Round Over 3 counts

Tag on end of wall 10.

L Twinkle, R Twinkle ½ Turn, X 2,

1,2,3,	Cross Left Over.	Right To Right Side,	Left To Left Side
1,2,0,	0.000 =0.000,	rugiit io rugiit olao,	

- 4,5,6, Cross R Over L, ¼ R Stepping Back On L, ¼ R Stepping R To R Side,
- 1,2,3, Cross Left Over, Right To Right Side, Left To Left Side
- 4,5,6, Cross R Over L, ¼ R Stepping Back On L, ¼ R Stepping R To R Side,

Start Again!

www.crazygangentertainment.co.uk