

To Love Again

拍數: 32 牆數: 2 級數: Easy Intermediate
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音樂: To Love Again - Alesha Dixon



SECTION 1: RIGHT SIDE STEP, LEFT BACK ROCK & SIDE STEP, RIGHT COASTER STEP, FULL TURN RIGHT, WEAVE TO RIGHT.

- 1 step right foot large step to right side
2&3 rock left foot back behind right foot, recover weight onto right foot, step left foot large step to left side.
4&5 rock right foot back, recover weight onto left foot, step forward on right foot.
6&7 make a ½ turn right stepping back on left foot, make a ½ turn right stepping forward on right foot, cross left foot over right.
8&8&1 step right foot to right side, cross step left foot behind right, step right foot to right side, cross step left foot over right.

SECTION 2: ¼ TURN LEFT, STEP ¼ TURN RIGHT, WALK FORWARD RIGHT, LEFT, RIGHT MAMBO STEP.

- 2&3 make a ¼ turn left stepping back on right foot, make a ½ turn left stepping forward on left foot, step forward on right foot.
4&5 step forward on left foot, make a pivot ¼ turn right, step forward on left foot.
6-7 step forward on right then left.
8&1 rock weight forward on right foot, recover weight onto left foot, step back on right foot.

SECTION 3: LEFT SWEEP, LEFT SAILOR ¼ TURN, ROCK ½ TURN STEP RIGHT, LEFT LOCK STEPS FORWARD.

- &2&3 sweep left foot out to side round behind right foot, step onto left foot, make a ¼ turn left stepping onto right foot in place, step left foot to left side.
4&5 rock weight forward on right foot, recover weight onto left foot, make a ½ turn right stepping forward on right foot.
6&7&8&1 step forward on left foot(6), bring right foot in behind left foot(&), repeat x 3.

SECTION 4: STEP ¼ TURN LEFT, ½ TURN RIGHT, SLOW ½ TURN LEFT, RIGHT CROSS ROCK.

- 2&3 step forward on right foot, pivot ¼ turn left on the spot, cross step right foot over left.
4&5 making a ¼ turn right, step back on left foot, make a further ¼ turn right stepping right foot to right side, cross step left foot over right.
6-7 make a ¼ turn left stepping right foot back, make a further ¼ turn left stepping left foot to left side.
8& cross rock right foot over left foot, recover weight onto LEFT FOOT.

START AGAIN

Note: there is one restart and two tags in this dance.

The restart comes in on wall 3

Dance up to count 8 in section 2, recover weight onto left foot on the & count, then restart, stepping right foot to right side.

First tag comes in at the end of wall 6 (two counts total):

Step right foot to right side, swaying right, then left, over two full counts, then start from beginning.

Second tag comes in at the end of wall 7 (4 counts total):

Step right foot to right side (1), rock left foot behind right foot(2), recover weight onto right foot (&)step left foot

to left side (3), rock right foot back behind left foot(4), recover weight onto left foot (&), then start dance again from the beginning.

ENJOY!!!
