Don't Trip Off The Glitz

級數: Intermediate

編舞者: Rep Ghazali (SCO) - November 2009

音樂: For Your Entertainment - Adam Lambert

拍數: 64

(1-8) MODIFY ¼ MONTEREY TURN, MODIFY ¼ MONTEREY TURN

- 1-2 point Right toe to Right side, ¹/₄ turn Right by stepping Right beside Left (3)
- 3-4 sway Left to Left, sway Right to Right
- 5-6 point Left toe to Left side, ¹/₄ turn Left by stepping Left beside Right (12)
- 7-8 sway Right to Right, sway Left to Left (12)

(9-16) CROSS SHUFFLE, OUT-OUT, CROSS-BACK, OUT-OUT

- 1&2 cross Right over Left, step Left to Left, cross Right over Left
- 3-4 step Left out forward, step Right out forward shoulder apart
- 5-6 cross Left over Right, step back Right
- 7-8 step Left out forward, step Right out forward shoulder apart

(17-24) ¼ TURN-HOLD, ½ TURN-HOLD, COASTER STEP, FULL TURN

- 1-2 ¹/₄ turn Left by stepping forward on Left, hold (9)
- 3-4 ¹/₂ turn Left by stepping back on Right, hold (3)
- 5&6 step back Left, step Right together, step forward Left
- 7-8 $\frac{1}{2}$ turn Left by stepping back on Right, $\frac{1}{2}$ turn Left by stepping forward on Left (3)

(25-32) ½ MONTEREY, KICK BALL CHANGE, CROSS-¼ TURN, ½ TURN SHUFFLE

- point Right toe to Right side, ¹/₂ turn Left by stepping Right beside Left (3) 1-2
- 3&4 kick Left forward, step Left beside Right, step forward Right
- 5-6 cross Left over Right, 1/4 turn Left by stepping back on Right (6)
- 1/2 turn Left by stepping forward Left, step Right beside Left, step forward Left (12) 7&8

RESTART : 2ND WALL

(33-40) FORWARD TOE STRUT, 1/4 TURN TOE STRUT, OUT-OUT, IN-IN

- 1-2 touch Right toe forward, drop Right heel on the floor
- 3-4 ¹/₄ turn Left by touching Left toe forward, drop Left heel on the floor (9)
- 5-6 step Right out to Right side, step out Left to Left side
- 7-8 back step in on Right, step Left beside Right

(41-48) FORWARD TOE STRUT, ½ TURN TOE STRUT, OUT-OUT, SIDE CHASSEE

- 1-2 touch Right toe forward, drop Right heel on the floor
- 3-4 ¹/₂ turn Left by touching Left toe forward, drop Left heel on the floor (3)
- 5-6 step Right out to Right side, step out Left to Left side
- 7&8 step Right to Right side, step Left beside Right, step Right to Right side (3)

(49-56) RIGHT WEAVE POINT, BEND KNEES-KICK, BEND KNEES-KICK

- cross Left over Right, step Right to Right side 1-2
- cross Left behind Right, point Right toe to Right side 3-4
- bend both knees as you step Right across Left, kick Left diagonally forward Left as you 5-6 straighten up your knees (1.30)
- 7-8 bend both knees as you step Left to Left side, kick Right diagonally forward Left as you straighten up your knees (1.30)

(Steps 5-8: will be facing Left corner)



牆數:2

(57-64) STEP-½ TURN, SHUFFLE FORWARD, STEP- ½ TURN, ½ TURN-TOUCH

- 1-2 step forward Right squaring to front wall, ½ pivot turn Left (6)
- 3&4 step forward Right, step Left together, step forward Right
- 5-6 step forward Left, ½ pivot turn Right (12)
- 7-8 ¹/₂ turn Right by stepping back on Left, touch Right beside Left (6)

RESTART:

2nd wall - dance up to count 32 and restart facing back wall