

# I Gotta Feeling

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Niels Poulsen (DK) - October 2009  
音樂: I Gotta Feeling - Black Eyed Peas



**Intro: 32 counts from first beat (app. 14 seconds into track). Start with weight on R foot**

**(1 – 8) Full turn box R, L side rock, L cross shuffle**

- 1 – 2      Step L to L side (1), turn  $\frac{1}{4}$  R stepping R to R side (2) Styling: Turn on stiff legs during counts 1-5 [3:00]  
3 – 4      Turn  $\frac{1}{4}$  R stepping L to L side (3), turn  $\frac{1}{4}$  R stepping R to R side (4) [9:00]  
5 – 6      Turn  $\frac{1}{4}$  R rocking L to L side (5), recover on R foot (6) [12:00]  
7&8      Cross L over R (7), step R to R side (&), cross L over R (8) [12:00]

**(9 – 16) Side rock R, recover  $\frac{1}{4}$  L, R shuffle, step  $\frac{1}{2}$  R,  $\frac{1}{4}$  R dipping down, up with R leg lift!**

- 1 – 2      Rock R to R side (1), turn  $\frac{1}{4}$  L as you recover weight to L (2) [9:00]  
3&4      Step fw on R (3), bring L next to R (&), step fw on R (4) [9:00]  
5 – 6      Step fw on L (5), turn  $\frac{1}{2}$  R stepping onto R (6) [3:00]  
7 – 8      Turn  $\frac{1}{4}$  R stepping L to L side and bending in L knee (7), straighten L knee lifting R leg up (8) [6:00]

**(17 – 24) Cross, point, cross, point, R cross rock, side rock R dipping down, up**

- 1 – 2      Cross R over L (1), point L to L side (2) [6:00]  
3 – 4      Cross L over R (3), point R to R side (4) [6:00]  
5 – 6      Cross rock R over L (5), recover weight to L foot (6) [6:00]  
7 – 8      Side rock R to R side dipping down on right keeping left leg straight (7), straighten knees and recover on L (8) [6:00]

**(25 – 32) Sailor R, sailor  $\frac{1}{2}$  L, walk R, walk L, out R, out L, in R, touch L**

- 1&2      Cross R behind L (1), step L to L side (&), step R small step to R side (2) [6:00]  
3&4      Cross L behind R (3), turn  $\frac{1}{4}$  L stepping onto R (&), turn  $\frac{1}{4}$  L stepping fw on L (4) [12:00]  
5 – 6      Walk fw on R (5), walk fw on L (6) [12:00]  
&7&8      Step R out (&), step L out (7), step R to centre (&), touch L next to R (8)

**\* Restart here during wall 6, facing 6:00 [12:00]**

**(33 – 40) Step  $\frac{1}{2}$  R, & jump touch, hold, & jump touch, hold, & rock fw R**

- 1 - 2      Step fw on L (1), turn  $\frac{1}{2}$  R stepping onto R (2) [6:00]  
&3 – 4      Jump L diagonally fw L (&), touch R next to L (3), Hold (4) [6:00]  
&5 – 6      Jump R diagonally fw R (&), touch L next to R (5), Hold (6) [6:00]  
&7 – 8      Step down on L foot (&), rock R foot fw (7), recover weight to L foot (8) [6:00]

**(41 – 48)  $\frac{1}{4}$  R chassé, L samba step, R samba step, L jazz box**

- 1&2      Turn  $\frac{1}{4}$  R stepping R to R side (1), bring L next to R (&), step R to R side (2) [9:00]  
3&4      Cross L over R (3), rock R to R side (&), recover weight to L (4) [9:00]  
5&6      Cross R over L (5), rock L to L side (&), recover weight to R (6) [9:00]  
7 – 8      Cross L over R (7), step back on R (8) [9:00]

**(49 – 56) & point R fw, hold, & point L fw, hold, & point R fw & point L fw & point R fw, hold**

- &1 – 2      Step back on L (&), point R foot slightly fw (1), hold (2) [9:00]  
&3 – 4      Step back on R (&), point L foot slightly fw (3), hold (4) [9:00]  
&5&6      Step back on L (&), point R foot slightly fw (5), step back on R (&), point L foot slightly fw (6) [9:00]

&7 – 8 Step back on L (&), point R foot slightly fw (7), hold (8) [9:00]

**(57 – 64) & cross rock, & cross in front, hold, & behind, side rock L, recover ¼ L, touch**

&1 – 2 Step down on R (&), cross rock L over R (1), recover on R (2) [9:00]

&3 – 4 Step L a small step to L side (&), cross R over L (3), hold (4) [9:00]

&5 - 6 Step L a small step to L side (&), cross R behind L (5), rock L to L side (6) [6:00]

7 – 8 Turn ¼ L as you recover on R (7), touch L next to R (8) [6:00]

**Begin again!...**

**\*Restart: During 6th wall, after 32 counts, facing 6:00.**

**Ending: Do first 2 counts of section 1. When doing count 3 step big step to L and drag R to L.**

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