

# Topsy Turvy

拍數: 64      牆數: 4      級數: Beginner  
編舞者: Sandra Speck (UK) - October 2009  
音樂: Upside Down - Paloma Faith



Starts on vocals, 32 count intro

## Side Together, Right Lock Step

1-2            Step right to side, hold for one count  
3-4            Close left together, hold for one count  
5-6            Step right foot forward, lock left foot behind  
7-8            Step right foot forward, hold for one count

## Side Together, Left Back Lock Step

1-2            Step left to side, hold for one count  
3-4            Close right together, hold for one count  
5-6            Step left back, lock right over left  
7-8            Step left back, hold for one count

## Rock Back Side, Hold, Rock Back Side, Hold

1-2            Step right foot back, recover to to left foot  
3-4            Step right to side, hold for one count  
5-6            Step left foot back, recover to to right foot  
7-8            Step left to side, hold for one count

## \*4 Heel Struts Turn ½ Left (A Semi Circle Left)

1-2            Turn 1/8 left and step right forward heel, drop toe to floor  
3-4            Turn 1/8 left and step left forward heel, drop toe to floor  
5-6            Turn 1/8 left and step right forward heel, drop toe to floor  
7-8            Turn 1/8 left and step left forward heel, drop toe to floor

## Walk Forward Hold, Walk Hold, Walk 2, 3, Hold

1-2            Step right foot forward, hold for one count  
3-4            Step left foot forward, hold for one count  
5-6            Step right foot forward, step left foot forward  
7-8            Step right foot forward, hold for one count

For a bit of fun counts 5,6 & 7 can be danced with slightly bent knees

## Walk Back Hold, Back Hold, Back 2, 3, Hold

1-2            Step left foot back, hold for one count  
3-4            Step right foot back, hold for one count  
5-6            Step left foot back, step right foot back  
7-8            Step left foot back, hold for one count

For a bit of fun counts 5, 6 & 7 can be danced with slightly bent knees

## Strutting Jazz Box, Turning ¼ Right

1-2            Cross right toe over left foot, drop heel to floor  
3-4            Step left back toe, drop heel to floor  
5-6            Turn ¼ right and step right toe to right side, drop heel to floor  
7-8            Close left toe next to right foot, drop heel to floor

## Heel Toe Swivels Right, Clap, Heel Toe Swivels Left, Clap

1-4            Swivel to right - heels toes heels, clap

5-8

Swivel to left - heels toes heels, clap

**Repeat**

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