

Hypnotized

COPPERKNOB
STEPSHETS

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Francien Sittrop (NL) - 2009
音樂: Hypnotized - Tania Christopher



Intro : Start after 32 Counts intro

(1 – 8) Side , Touch back, Kick Ball Cross, Side, Sailor Heel Ball Cross

1 – 2 Step L to L side, Touch R behind L(bend L knee)
3 & 4 Kick R fwd, Step R down, Step L across R
5–6& Step R to R side, sweep L and step behind R with ¼ L, Step R next to L [9.00]
7 & 8 Step L Heel fwd, Step L down., Step R across L

(9-16) Syncopated Rock steps back x2, Hip sways

1-2& Step L to L side, Rock R behind L, Recover on L
3-4& Step R to R side, Rock L behind R, Recover on R
5 – 8 Hip sways L,R,L, R (going down and up)

(17-24) Ball Step, Step, Shuffle fwd, Pivot ½ Turn R, Kick , Out, Out

&1-2 Step L next to R, Walk fwd R, L
3 & 4 Step R fwd, Step L next to R, Step R fwd
5 – 6 Step L fwd, ½ Turn R [3.00]
7 & 8 Kick L fwd, Step L out, Step R out

(25-32) Ball Step fwd, ¼ Turn Touch, Hip roll ¼ Turn R Hitch, Step fwd x2, Sailor cross ½ Turn R

&1-2 Step L next to R, Step R step fwd , ¼ Turn R touch L to L side [6.00]
3 & 4 Roll L hip fwd and back and ending in ¼ Turn R and Hitch R (option: Hip sways) [9.00]
5 – 6 Step R fwd, Step L fwd
7 & 8 Sweep R behind L , ½ Turn R and step L to L side, Step R to R side [3.00]

Start Again

Website : <http://franciensittrop.come2me.nl>