

Poor Poor Me

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: High Beginner / Improver
編舞者: Annemaree Sleeth (AUS) - November 2009
音樂: Poor, Poor Pitiful Me - Terri Clark : (Album: Just The Same)



Start after 32 counts - - on vocals.

Sec 1: Shuffle Side, Back Rock, Rocking Chair

1 & 2 Step right side, step left beside right, step right to right side,
3 - 4 Rock back left behind right, recover right,
5 - 6 Rock forward left, recover back right,
7 - 8 Rock back left, recover forward right,

Sec 2: Shuffle Forward, Step ¼ pivot. Cross Shuffle, Side Rock Cross

1 - 2 Step forward left, step right beside left, step forward left,
3&4 Step forward right, pivot ¼ left, [weight right] [9:00]
5 - 6 Cross right over left, step left side, cross right over left,
7 & 8 Rock left to left side, recover right, cross left over right

wall 3 *restart here facing 9:00

Sec 3: 1/4 Monterey, 1/4 Jazz Box

1 - 2 Touch right to right side, turn ¼ right step right beside left, [12 :00]
3 - 4 Touch left to left side, step left beside right
5 - 6 Cross right over left, turn ¼ right step left back,[3 :00]
7 - 8 Step right to right side, step left beside right

Sec 4 : Kick & Touches X 2, (Double Hip Bumps X 2 Travel Forward)

1 & 2 Kick right foot forward, step right beside left, touch left to left side,
3 & 4 Kick left foot forward, step left beside right, touch right to right side,
5 & 6 Step forward right bumping hips forward right, back left, forward right,
7 & 8 Step forward left bumping hips forward left, back right, forward left. [weight left]

Start Again

Tag: Step ¼ Pivot, Step ¼ Pivot

1-2 Step forward right, pivot ¼ left,
3-4 Step forward right, pivot ¼ left,

End of wall [2] facing 6:00, end of wall [6] facing 6:00, , end wall [9] facing 9:00.

Restart: after count 16 during wall 3.

Finish: facing 9:00 wall dance 12 counts and add tag 1-2-3-4- to face front wall

Email: am9sleeth@hotmail.com